

# Soil Health – What’s Old, What’s New, and How Does it Relate to Cover Cropping?

Midwest Cover Crop Conference  
21 Feb 2019

Andrew Margenot  
Assistant Professor of Soil Science



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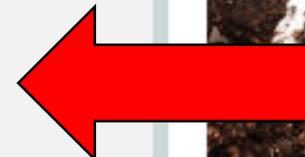
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## Soil Health

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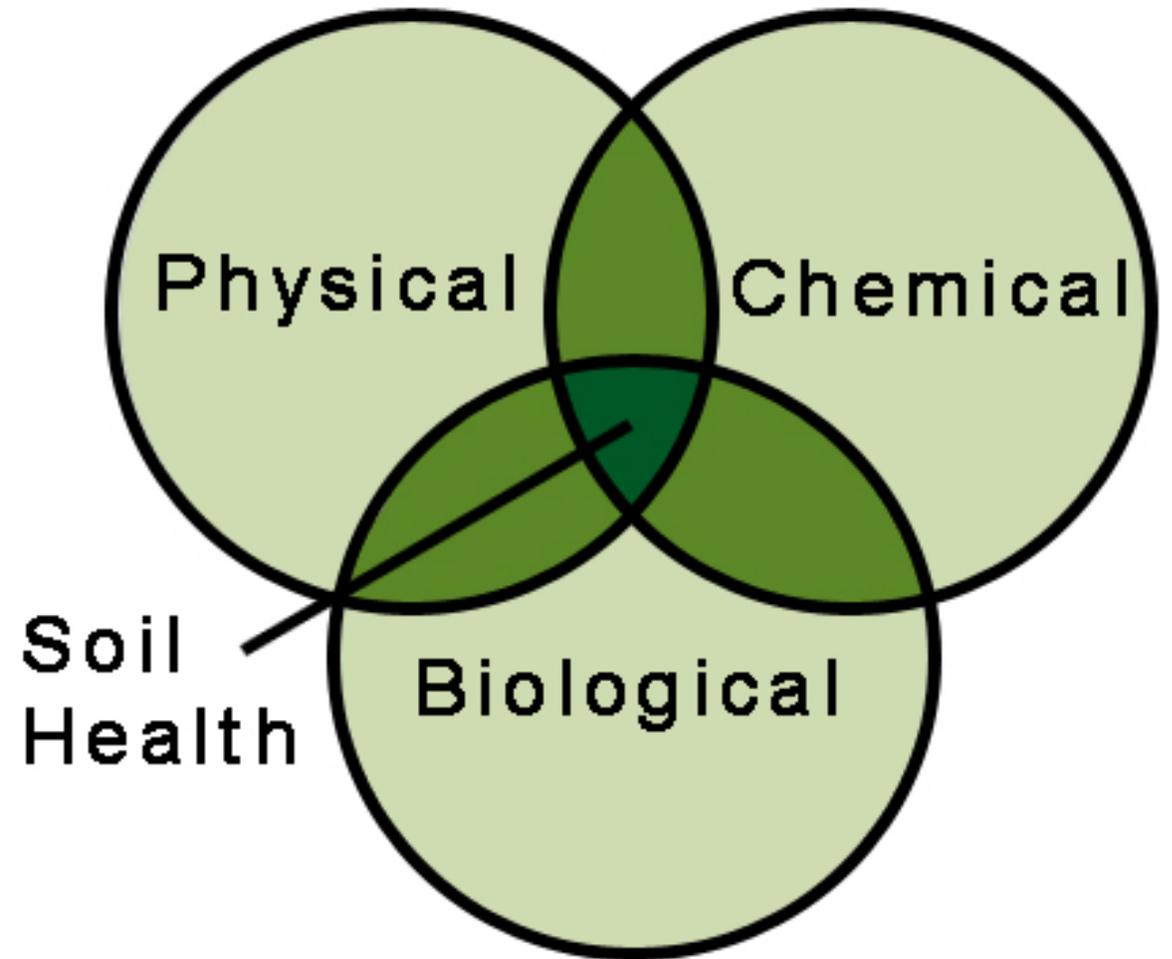
# NRCS Definition of Soil Health

“The continued capacity of soil to function as a vital living ecosystem that sustains plants, animals, and humans”

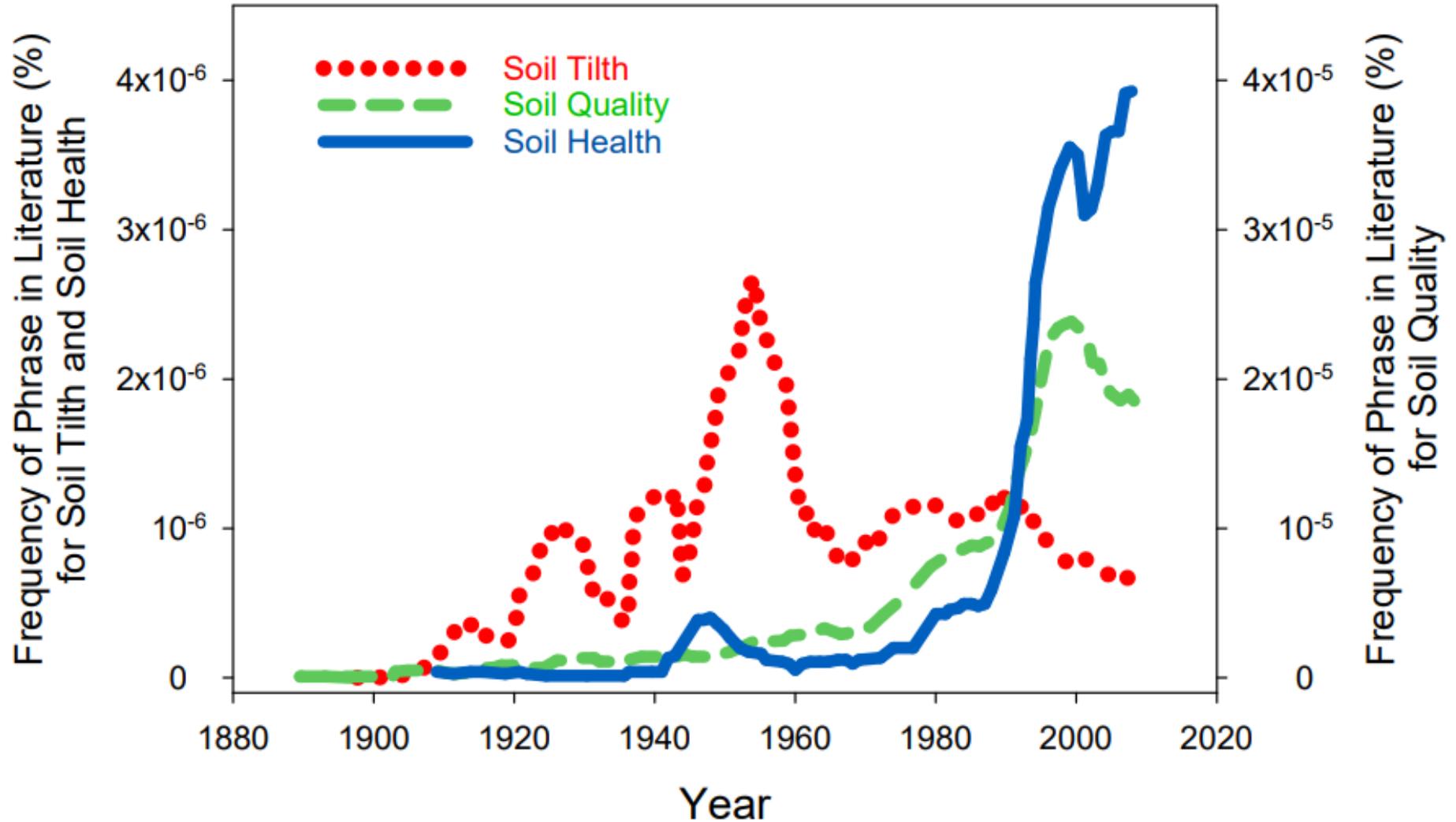
“This definition speaks to the importance of managing soils so they are sustainable for future generations”

“To do this, we need to remember that soil contains living organisms that when provided the basic necessities of life - food, shelter, and water - perform functions required to produce food and fiber”

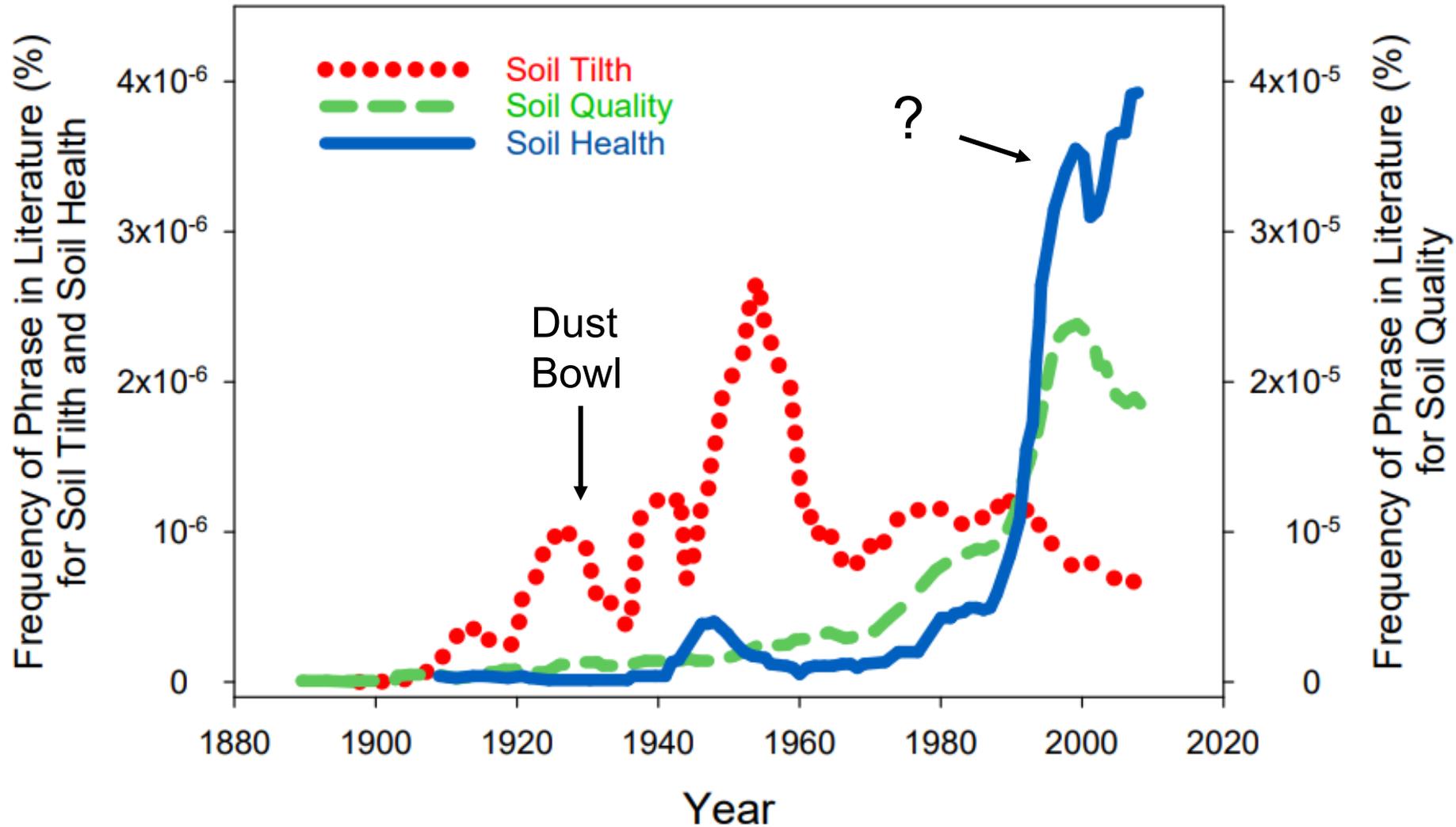
# Conceptualizations of soil health



# Re-inventing the wheel?



# “Biology” distinguishes Soil Quality vs Health



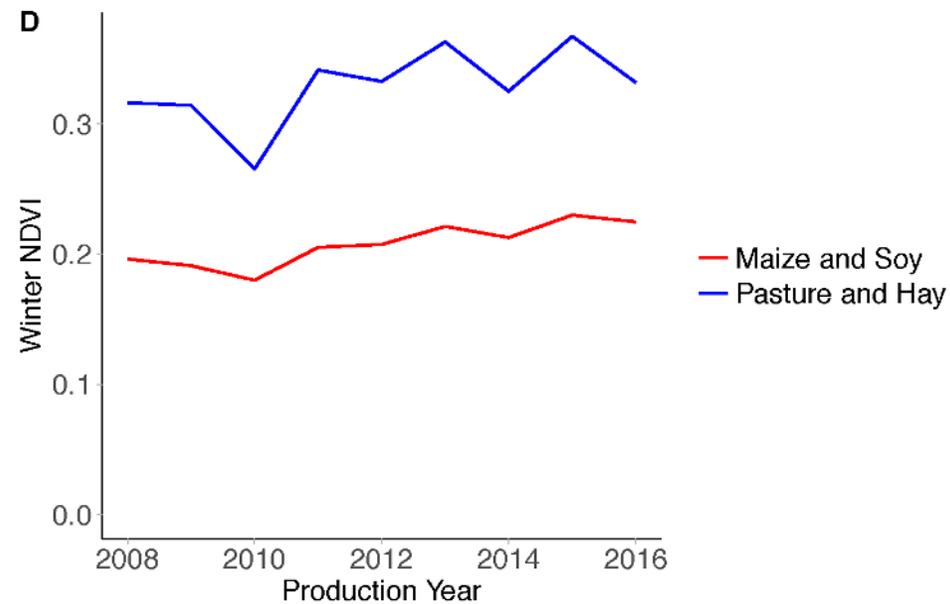
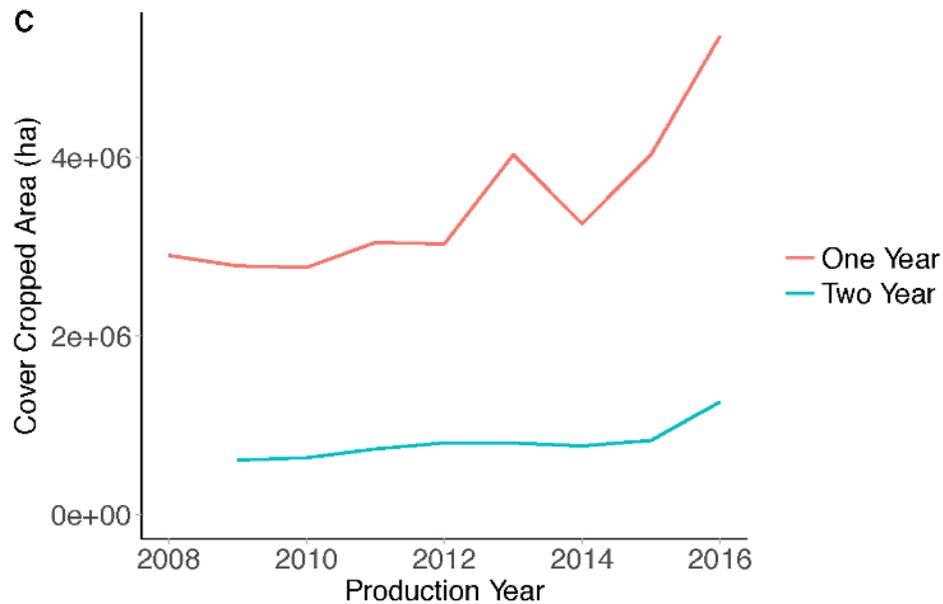
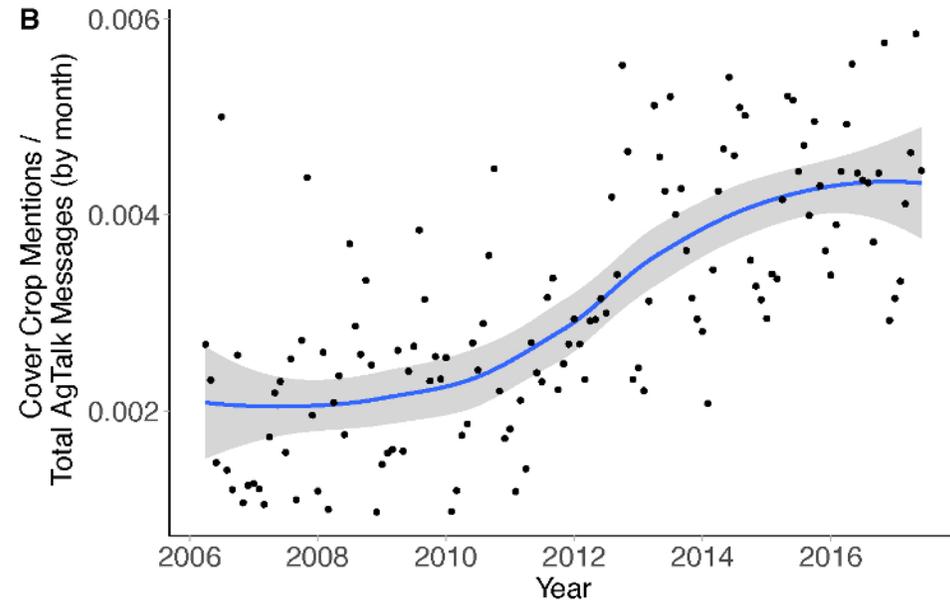
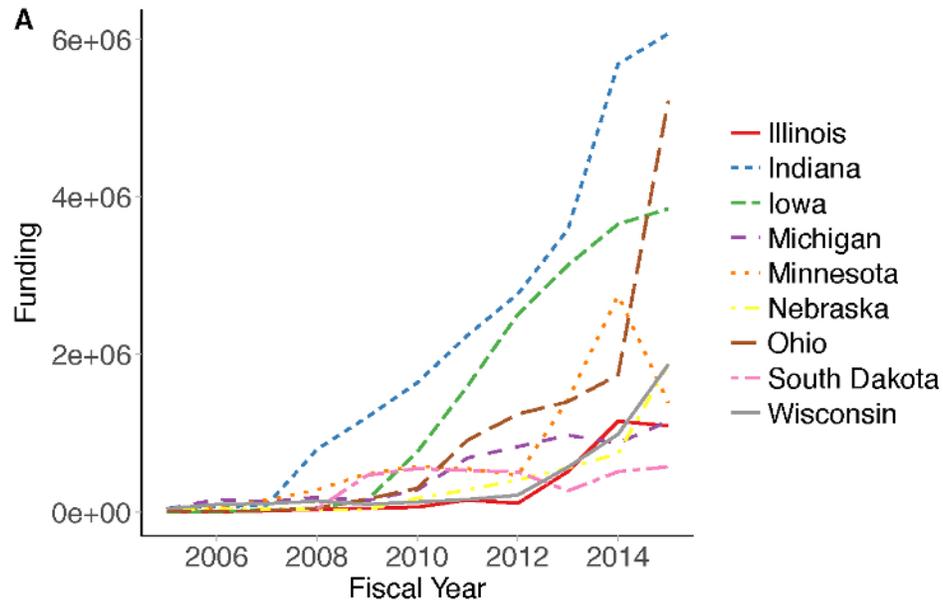
## THE VALUE OF COVER CROPS IN CONTINUOUS CORN CULTURE<sup>1</sup>

T. E. ODLAND AND H. C. KNOBLAUCH<sup>2</sup>

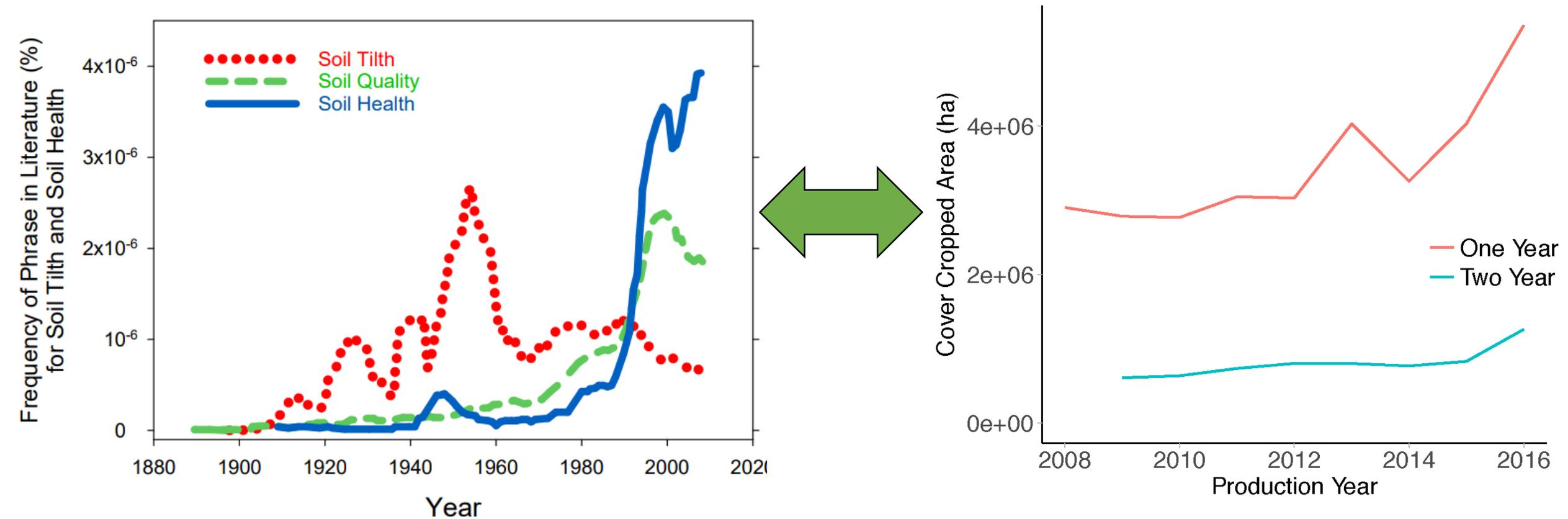
THE use of cover crops for the purpose of conserving soil fertility, whenever possible, is becoming a general practice on the better managed farms in Rhode Island as well as in many other localities. Specific evidence on the value of such practice over a considerable period of time is, however, not so plentiful. Results obtained with nonlegume cover crops have sometimes been contradictory. The purpose of this paper is to present some results from a long-continued experiment with rye and clover cover crops in continuous corn culture at the Rhode Island Agricultural Experiment Station.

“The practice of using cover crops for conserving soil productivity is a highly desirable practice and should be encouraged”

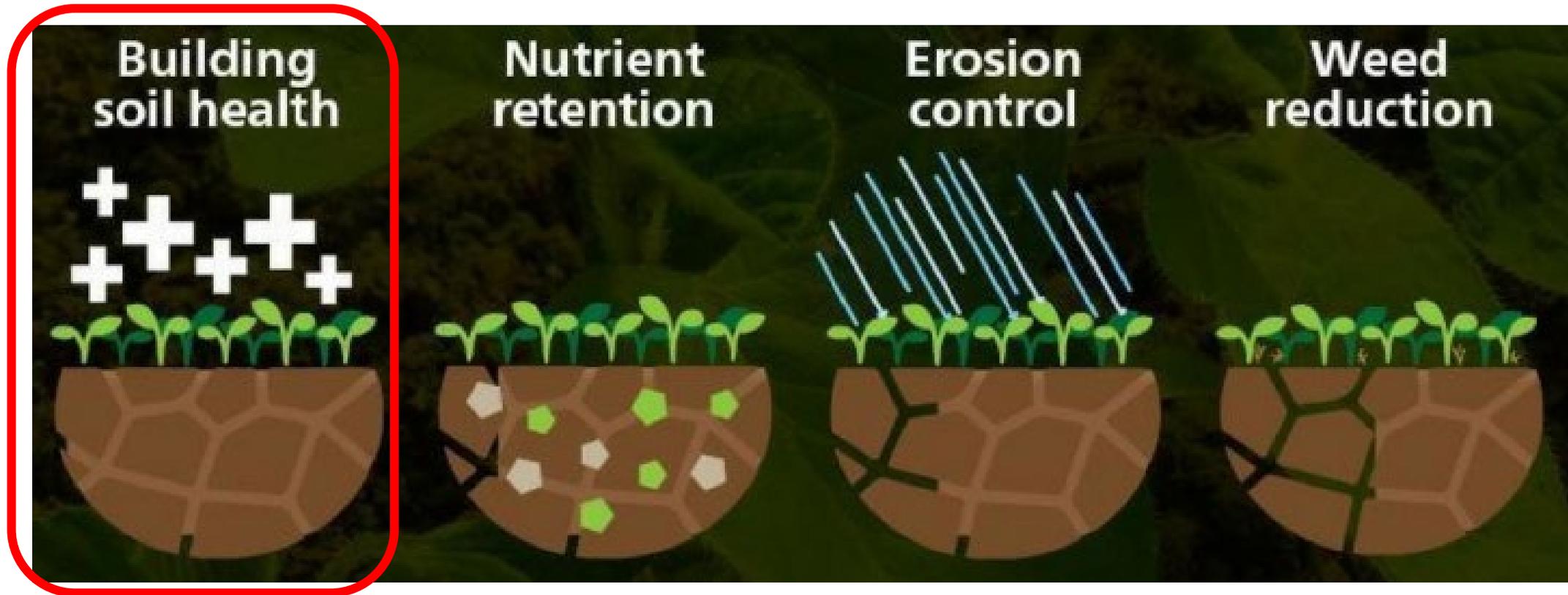
# Support for and use of cover crops is increasing



# Co-rise of “soil health” and cover cropping



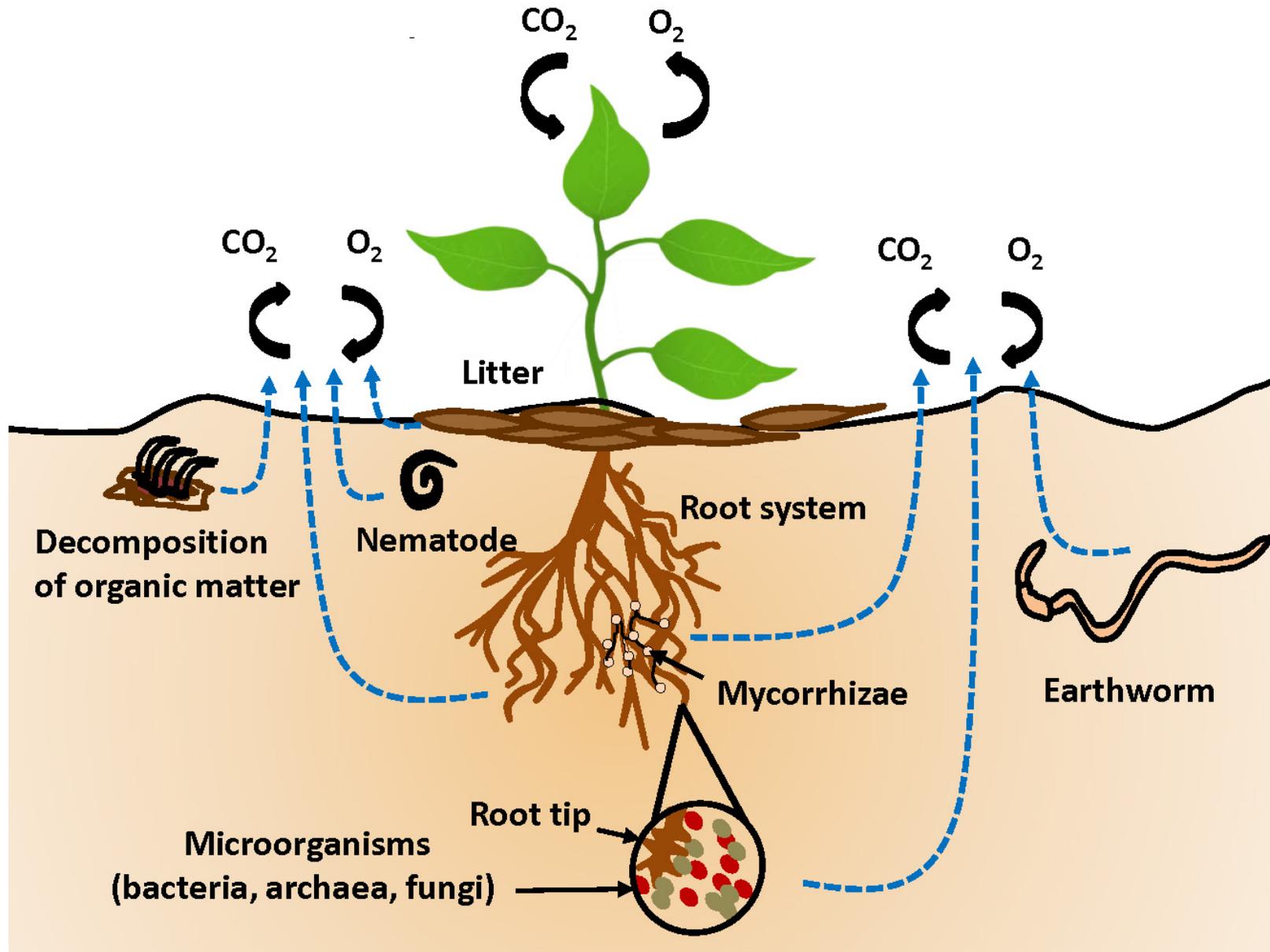
# Cover crops directly and indirectly influence soil health



# How do cover crops factor in soil health?

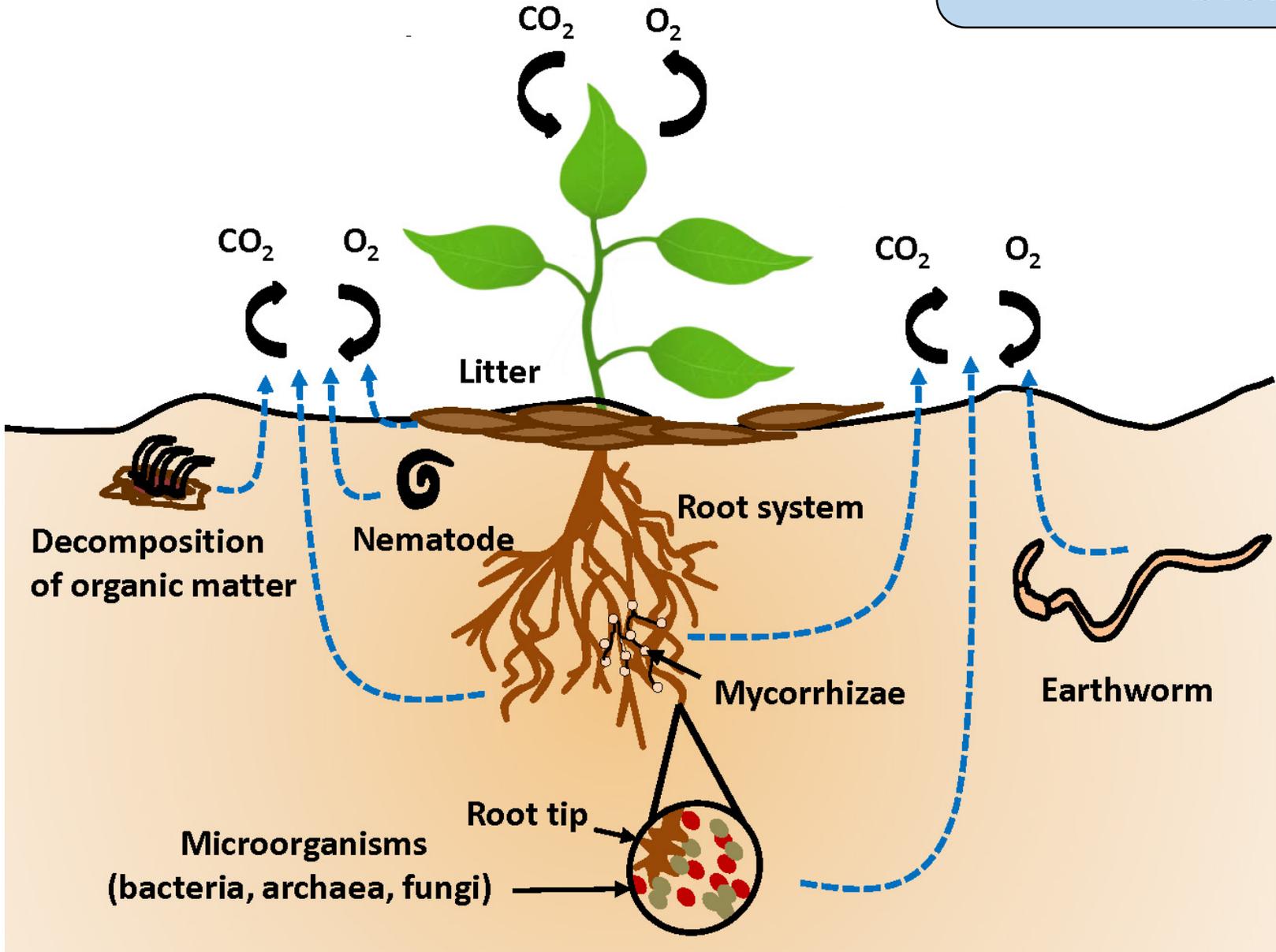
USDA Natural Resources Conservation Service (NRCS) has identified four basic principles for maintaining and improving soil health:

1. Keep the soil covered as much as possible ✓
2. Disturb the soil as little as possible ✓
3. Keep plants growing throughout the year to feed the soil ✓
4. Diversify crop rotations as much as possible ✓



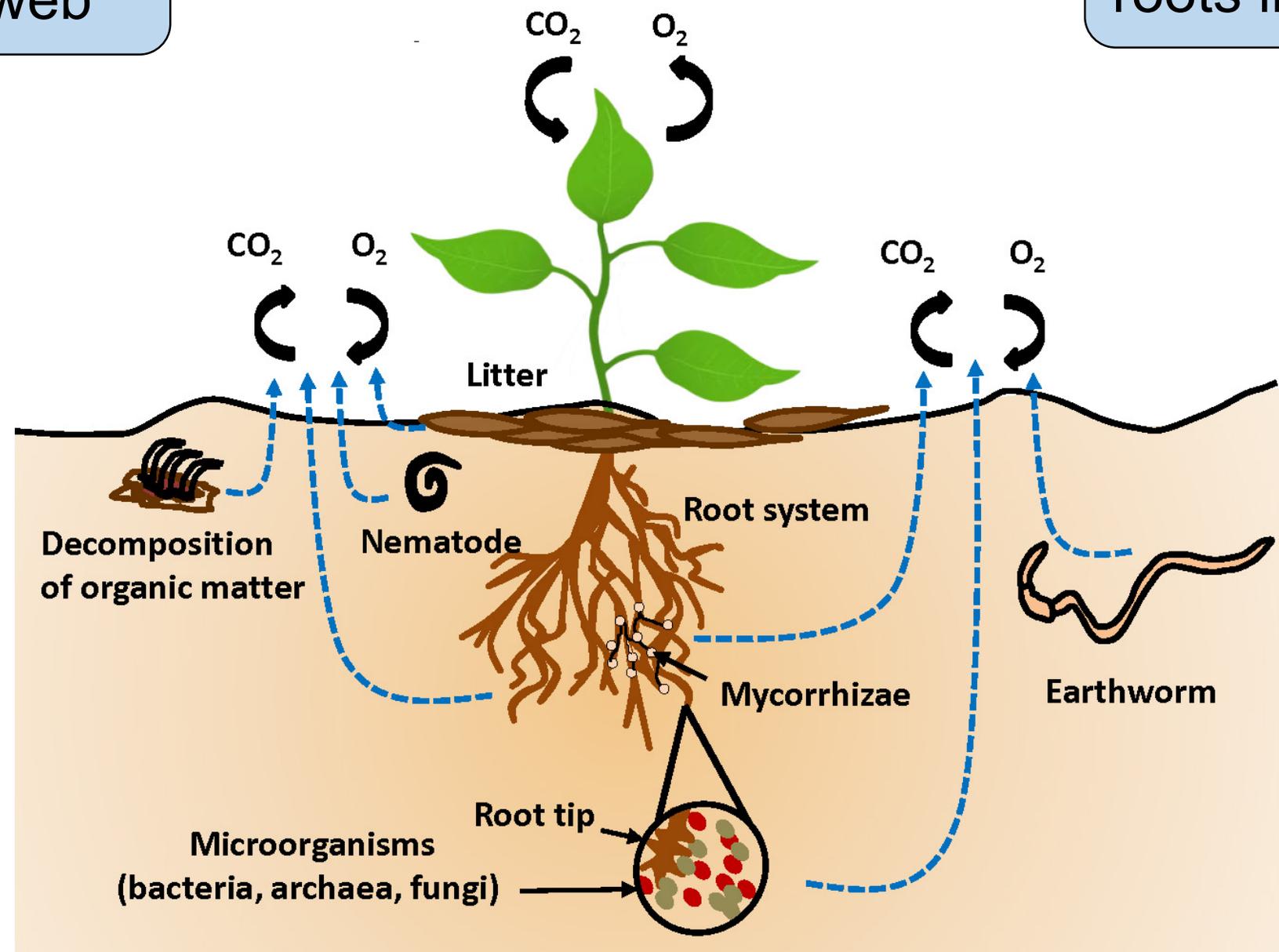
Plants are C pumps

C influx drives soil biology

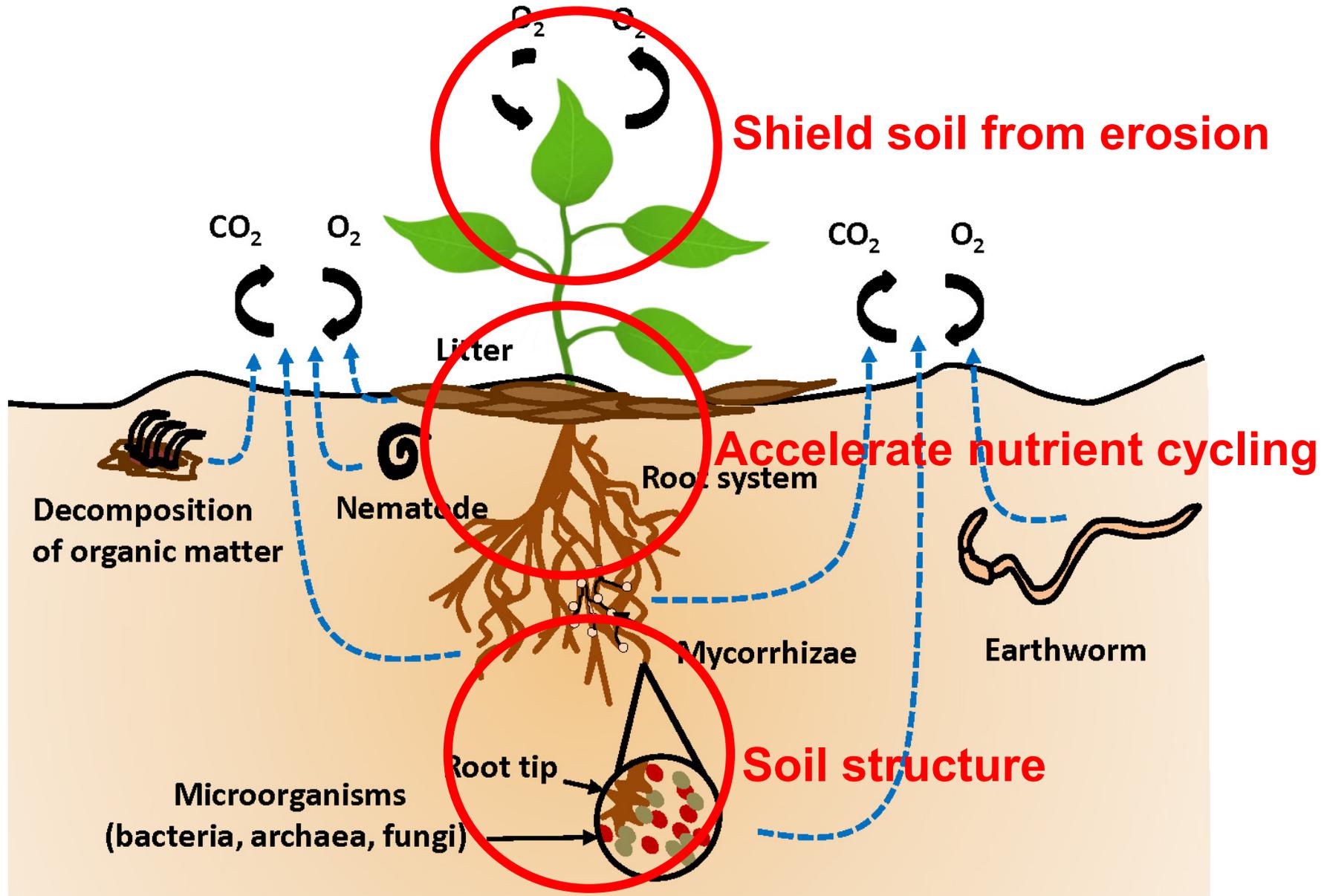


Feeding the soil food web

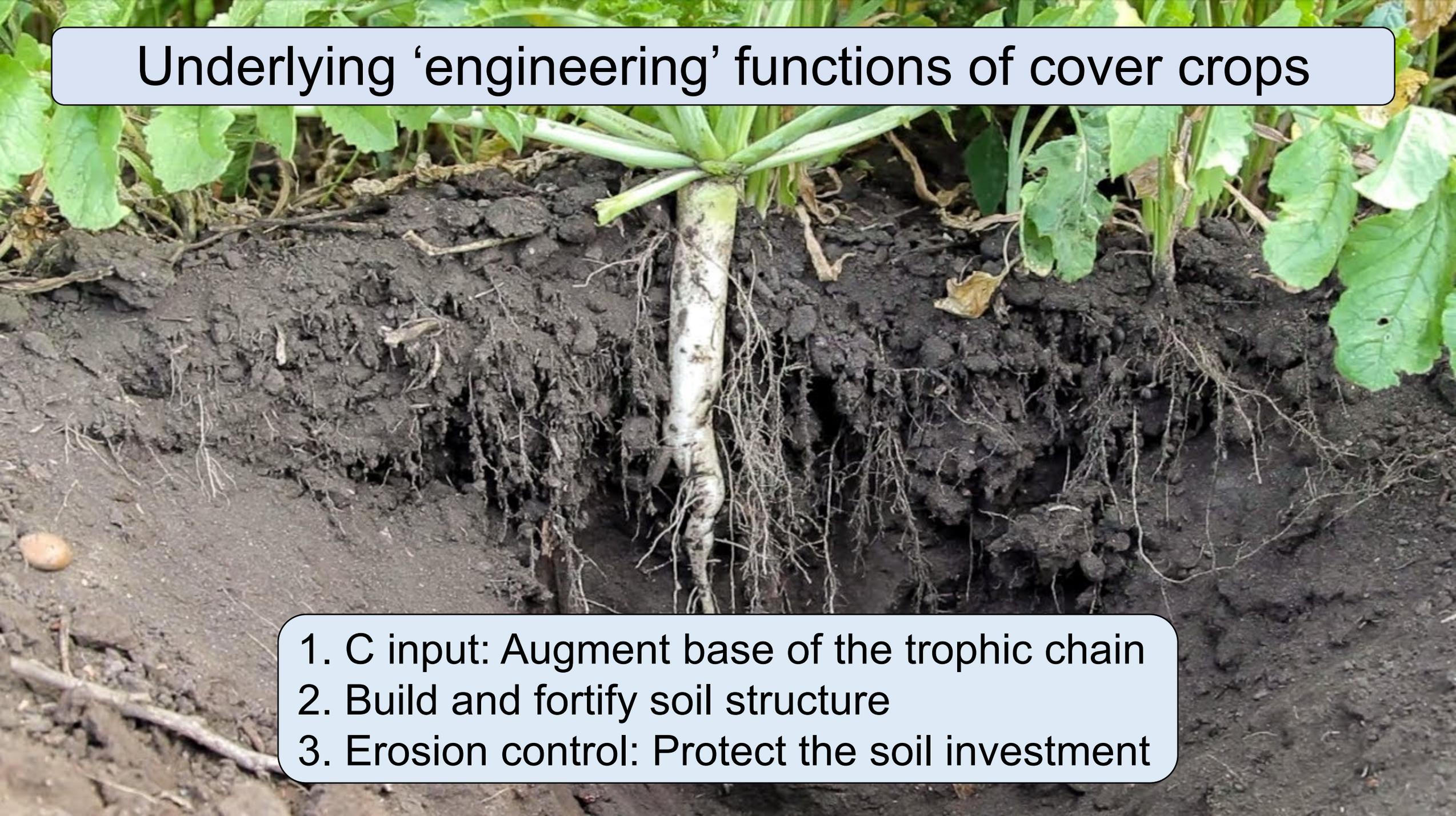
Importance of roots in the ground



The carbon pump of cover crops also comes with a drill and shield



# Underlying 'engineering' functions of cover crops



1. C input: Augment base of the trophic chain
2. Build and fortify soil structure
3. Erosion control: Protect the soil investment

# Cover crops are a solar panel-powered carbon pump for the soil food web

- Flow of energy through cells facilitated by net C influx from atmosphere to soil
- Measurable **indicators** target specific aspects of soil biology address how this C flows through soil:
  - Who
  - What they're eating
  - How they're eating
- Tier 1 and Tier 2 biological soil health indicators identified by Soil Health Institute
  - Active area of research



# Cornell Soil Health Assessment

Sample ID: L\_555  
 Field/Treatment: Tenge E  
 Tillage: 1-7 inches  
 Crops Crown: COG, COG, SOY  
 Date Sampled: 12:00:00 AM  
 Given Soil Type: Muscatine  
 Given Soil Texture: Silty Clay Loam  
 Coordinates: [REDACTED]

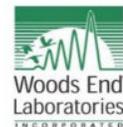
Agricultural Service Provider:  
 None  
 Cedar Basin Crop Consulting  
 cbcc@earthlink.net

Measured Soil Textural Class: Silt Loam      Sand: 28%    Silt: 56%    Clay: 16%

## Test Report

	Indicator	Value	Rating	Constraint
Physical	Available Water Capacity	0.31	100	
	Surface Hardness			Not Rated: No Field Penetrometer Readings Submitted
	Subsurface Hardness			Not Rated: No Field Penetrometer Readings Submitted
	Aggregate Stability	49.5	78	
Biological	Organic Matter	4.6	79	
	ACE Soil Protein Index	5.8	29	Organic Matter Quality, Organic N Storage, N Mineralization
	Root Pathogen Pressure	4.7	54	
	Respiration	0.58	4	Soil Microbial Abundance and Activity
	Active Carbon	744	76	
Chemical	pH	6.0	66	
	Phosphorus	10.9	100	
	Potassium	164.5	100	
	Minor Elements Mg: 456    Fe: 0.8    Mn: 9.2    Zn: 0.4		100	

Overall Quality Score      71      High



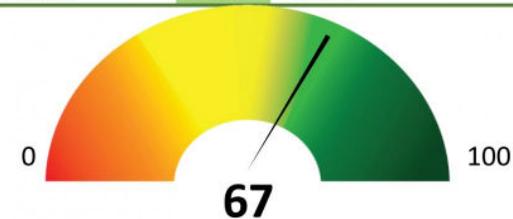
Client: William Brinton  
 Woods End Farm  
 290 Belgrade Rd. P.O. Box 297  
 Mt Vernon, ME 04352  
 United States



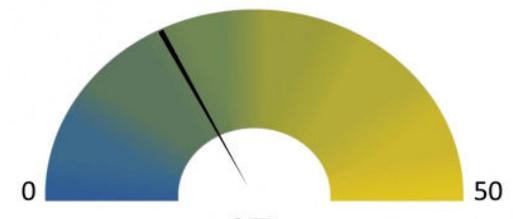
## SOIL FERTILITY & HEALTH REPORT

Sample Identity: 9529.3  
 Acct Number: 100  
 Sample: Soil: Italy: Lower Vineyard Casa Maria 4  
 Sample Date: 8/19/2015  
 Intended Crop: Grapes @ 5 t/a

Solvita Soil Health Factors		RANKING:	Nutrients Value per hectare available		
Solvita - CO2 Burst	90	Medium	N + P2O5 + K2O hectare = \$221.78		
Solvita - SLAN, amino-N	48	Low	Nutrients Available kg/ha		
Aggregate Stability	35	Medium	N	P2O5	K2O
Organic Matter	3.2	Medium	115	229	210



67  
OVERALL FERTILITY SCORE



17  
SOIL HEALTH SCORE

### Notes and Recommendations

#### USDA Cover Crop Recommendations

Types of Cover Crop Blends Suggested:

20% Legume 80% Grass/Non-legume

#### Nutrient Limitations/Recommendations

Nutrient Required (estimated) per hectare kg

56      17      84      (N - P - K)

### NUTRIENT FERTILITY

Analysis	Units	Level Found
Nitrate-N 0-6"	ppm	10
Additional Nitrate-N	ppm	nt
Ammonium-N 0-6"	ppm	nt
Profile Avail-N	ppm	10
Biological N-Min	kg/ha	97
N-Estimated For Crops		103
Phosphate as P	ppm	45
Potassium as K	ppm	78
Calcium	ppm	480
Magnesium	ppm	153
Sodium	ppm	37
pH	Units	6.3
EC	dS M	nt
Nutrient Index	Rating	1.00
Most Limiting Factor		None
<b>Other factors</b>		
Water Soluble Carbon	ppm	204
Water Soluble-N	ppm	16
Soluble C:N Ratio	Unit	12.8
Aluminum, Extractable	ppm	135
P-Saturation	ratio	14%
Iron, Extractable	ppm	186
<b>Nutrient Deficit (by difference)</b>		
0	0	0
(N - P - K)		

### Notes on the Report:

Soil Health Score integrates: Respiration, Amino-N, Aggregate Stability and Organic Matter

Overall Fertility integrates Health Score and N-min + relative P & K

# Cornell Soil Health Assessment

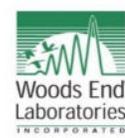
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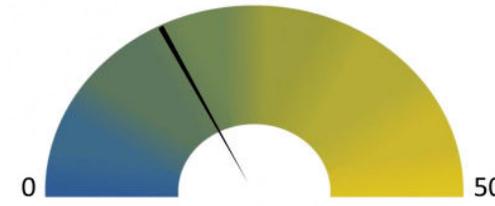
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OVERALL FERTILITY SCORE



SOIL HEALTH SCORE

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<b>Nutrient Deficit (by difference)</b>		
<b>0</b>	<b>0</b>	<b>0</b>
(N - P - K)		

### Notes on the Report:

Soil Health Score integrates: Respiration, Amino-N, Aggregate Stability and Organic Matter

Overall Fertility integrates Health Score and N-min + relative P & K

# Soil health indicators: quantifiable measures

19 endorsed indicators  
(Tier 1 and 2)



## SOIL HEALTH

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UNIFY. RESTORE. PROTECT.

<b>Physical</b>	<b>Chemical</b>	<b>Biological</b>
Water-stable aggregation	Organic carbon	Carbon mineralization
Texture	pH	Nitrogen mineralization
Penetration resistance	Cation exchange capacity	Crop yield
Erosion rating	Electrical conductivity	
Bulk density	Base saturation	
Available water holding capacity	Plant available nutrients (e.g. N, P, K)	
Infiltration rate	Micronutrients	



## Notice of Recommended Standard Methods for Use as Soil Health Indicator Measurements

A Notice by the Natural Resources Conservation Service on 09/14/2018



**PUBLISHED DOCUMENT**

Start Printed Page 46703

**AGENCY:**  
Natural Resources Conservation Service (NRCS), U.S. Department of Agriculture (USDA).

**ACTION:**  
Notice of availability of proposed technical note "Recommended Soil Health Indicators and Associated Laboratory Procedures" for public review and comment.

**SUMMARY:**  
Notice is hereby given of the intention of NRCS to issue a technical note on a group of recommended standard methods for soil health indicators selected by a

**DOCUMENT DETAILS**

**Printed version:**  
[PDF](#)

**Publication Date:**  
09/14/2018

**Agencies:**  
[Natural Resources Conservation Service](#)

**Dates:**  
Applicable Date: This is Applicable September 14, 2018.

**Document Type:**  
Notice

**Document Citation:**  
83 FR 46703

**Page:**  
46703 (1 page)

**DEPARTMENT OF AGRICULTURE**

**Natural Resources Conservation Service**

[Docket No. NRCS–2018–0006]

**Notice of Recommended Standard Methods for Use as Soil Health Indicator Measurements**

**AGENCY:** Natural Resources Conservation Service (NRCS), U.S. Department of Agriculture (USDA).

**ACTION:** Notice of availability of proposed technical note “Recommended Soil Health Indicators and Associated Laboratory Procedures” for public review and comment.

**SUMMARY:** Notice is hereby given of the intention of NRCS to issue a technical note on a group of recommended standard methods for soil health indicators selected by a collaborative multi-organizational effort, as described in the document. USDA/NRCS and partner efforts to assess soil health problems and impacts of management nationally, as part of conservation planning and implementation, will be facilitated if soil health indicators are measured using a standard set of methods. Soil health is defined as the capacity of the soil to function as a vital living ecosystem to sustain plants, animals, and humans. Six key soil physical and biological processes were

and Sasser 2012). Standard operating procedures to be used in laboratories have been provided in the appendices.

**DATES:**

*Applicable Date:* This is Applicable September 14, 2018.

*Comment Date:* Submit comments on or before December 13, 2018. A final version of this technical note will be published after the close of the 90-day period and after consideration of all comments.

**ADDRESSES:**

*Obtaining Documents:* You may download the draft Technical Note at <https://go.usa.gov/xUFJE>.

Comments should be submitted, identified by Docket Number NRCS–2018–0006, using any of the following methods:

- *Federal eRulemaking Portal:* <http://www.regulations.gov>. Follow the instructions for submitting comments.
- *Mail or hand-delivery:* Public Comments Processing, Attention: Regulatory and Agency Policy Team, Strategic Planning and Accountability, Natural Resources Conservation Service, 5601 Sunnyside Avenue, Building 1–1112D, Beltsville, Maryland 20705.

NRCS will post all comments on <http://www.regulations.gov>. In general, personal information provided with comments will be posted. If your comment includes your address, phone number, email, or other personal

**DEPARTMENT OF COMMERCE**

**Bureau of Industry and Security**

**Proposed Information Collection; Comment Request; License Transfer and Duplicate License Services**

**AGENCY:** Bureau of Industry and Security (BIS), Commerce.

**ACTION:** Notice.

**SUMMARY:** The Department of Commerce, as part of its continuing effort to reduce paperwork and respondent burden, invites the general public and other Federal agencies to take this opportunity to comment on proposed and/or continuing information collections, as required by the Paperwork Reduction Act of 1995.

**DATES:** To ensure consideration, written comments must be submitted on or before November 13, 2018.

**ADDRESSES:** Direct all written comments to Jennifer Jessup, Departmental Paperwork Clearance Officer, Department of Commerce, 1401 Constitution Avenue NW, Room 6616, Washington, DC 20230 (or via the internet at [docpra@doc.gov](mailto:docpra@doc.gov).)

**FOR FURTHER INFORMATION CONTACT:** Requests for additional information or copies of the information collection instrument and instructions should be directed to Mark Crace, BIS ICB Liaison, (202) 482–8093 or at [mark.crace@](mailto:mark.crace@)

DEPARTMENT OF AGRICULTURE

and Sasser 2012). Standard operating  
procedures to be used in laboratories

DEPARTMENT OF COMMERCE

Six key soil physical and biological processes were identified that must function well in a healthy soil, and therefore would especially benefit from measurement methods standardization: (1) Organic matter dynamics and carbon sequestration, (2) soil structural stability, (3) general microbial activity, (4) C food source, (5) bioavailable N, and (6) microbial community diversity. The chosen methods met several criteria including indicator effectiveness with respect to management sensitivity and process interpretability, ease of use, cost effectiveness, measurement repeatability, and ability to be used for agricultural management decisions. The soil health indicator methods included are soil organic carbon, water-stable aggregation, short-term mineralizable carbon, four enzymes:  $\beta$ -glucosidase, N-acetyl- $\beta$ -D-glucosaminidase, acid or alkaline phosphatase, and arylsulfatase, permanganate oxidizable carbon, autoclaved citrate extractable (ACE) protein, and phospholipid fatty acid analysis. Standard operating procedures to be used in laboratories have been provided in the appendices.

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## Biological process/property

- (1) OM dynamics
- (2) Soil structural stability
- (3) General microbial activity
- (4) C food source
- (5) Bioavailable N
- (6) Microbial community diversity

## Biological Indicator

- (1) TOC, mineralizable C
- (2) water-stable aggregation
- (3) enzyme activities
- (4) labile carbon (POXC)
- (5) ACE protein
- (6) PLFA



**SOIL HEALTH**

— INSTITUTE —

**TABLE 1. Tier 1 Soil Health Indicators and Methods to**

**Indicator**

Soil pH

Soil Electrical Conductivity (EC)

Cation Exchange Capacity (CEC)

% Base Saturation (BS)

Extractable P

Extractable K, Ca, Mg, Na

Extractable Fe, Zn, Cu, Mn

Total Nitrogen

Soil Organic Carbon (SOC)

Soil Texture

Aggregate Stability

Available Water Holding Capacity

Bulk Density (BD)

Erosion Rating

Soil Penetration Resistance

Water Infiltration Rate

Crop Yield

**Short-Term Carbon Mineralization**

- *Is widely considered an effective indicator of soil health;*
- *Is defined regionally and by soil groupings across the nation;*
- *Has thresholds known to indicate (at minimum) "poor", "adequate", and "good" that are outcome-based (crop yield, environmental goals, etc.); and*
- *Is responsive to specific management strategies that can be recommended to improve soil functioning.*

*“A Tier 2 indicator **needs additional research** before users can have the same level of confidence in its measurement, use, and interpretation.”*

TABLE 2. Tier 2 Soil Health Indicators and Methods to be Assessed (updated 10/23/2018)		
Indicator	Method	Reference
Sodium Adsorption Ratio (SAR)	Saturated paste extract followed by atomic absorption or inductively coupled plasma spectroscopy	Miller, et al., 2013
Soil Stability Index	Combination of wet and dry sieving at multiple sieve sizes	Franzluebbers, et al., 2000
Active Carbon	Permanganate oxidizable carbon (POXC). Digestion followed by colorimetric measurement	Weil, et al., 2003
Soil Protein Index	Autoclaved Citrate Extractable	Schindelbeck, 2016
B-Glucosidase	Assay incubation followed by colorimetric measurement	Tabatabai, et al., 1994
B-Glucosaminidase	Assay incubation followed by colorimetric measurement	Deng and Popova, 2011
Phosphatase	Assay incubation followed by colorimetric measurement	Acosta-Martinez and Tabatabai, 2011
Arylsulfatase	Assay incubation followed by colorimetric measurement	Klose, et al., 2011
Phospholipid Fatty Acid (PLFA)	Bligh-Dyer extractant, solid phase extraction, transesterification; gas chromatography	Buyer and Sasser, 2012
Ester-Linked Fatty Acid Methyl Ester (EL-FAME)	Mild alkaline methanolysis extraction; gas chromatography	Schutter and Dick, 2000
Genomics	18S, 16S or ITS analysis or a combination of 16S and 18S/ITS; and/or Shotgun metagenomics	Thompson, et al., 2017; Quice, et al., 2017
Reflectance	Diffuse reflectance spectroscopy	Veum, et al., 2015

# Tier 2 indicators are largely biological

TABLE 2. Tier 2 Soil Health Indicators and Methods to be Assessed (updated 10/23/2018)

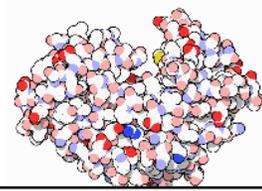
Indicator	Method	Reference
Sodium Adsorption Ratio (SAR)	Saturated paste extract followed by atomic absorption or inductively coupled plasma spectroscopy	Miller, et al., 2013
Soil Stability Index	Combination of wet and dry sieving at multiple sieve sizes	Franzluebbers, et al., 2000
Active Carbon	Permanganate oxidizable carbon (POXC). Digestion followed by colorimetric measurement	Weil, et al., 2003
Soil Protein Index	Autoclaved Citrate Extractable	Schindelbeck, 2016
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Biological indicators, largely Tier 2, monitor various steps of the nutrient functions of soil health



**Microbes**

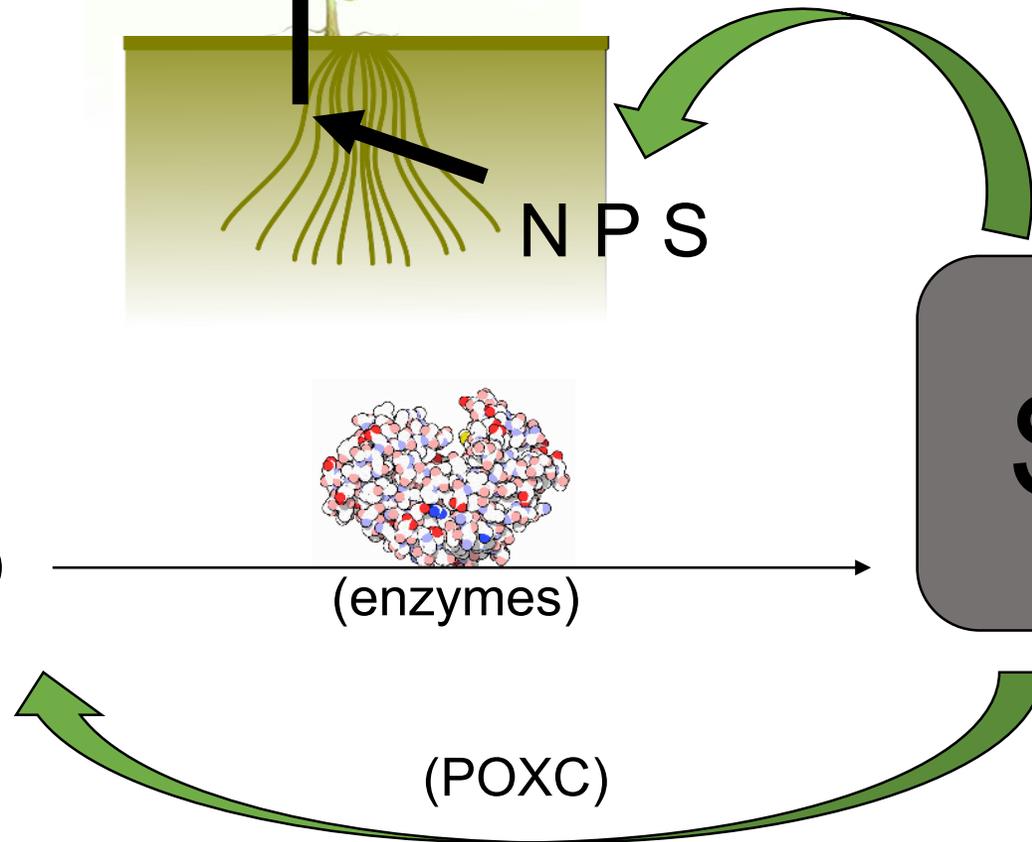
(PLFA)



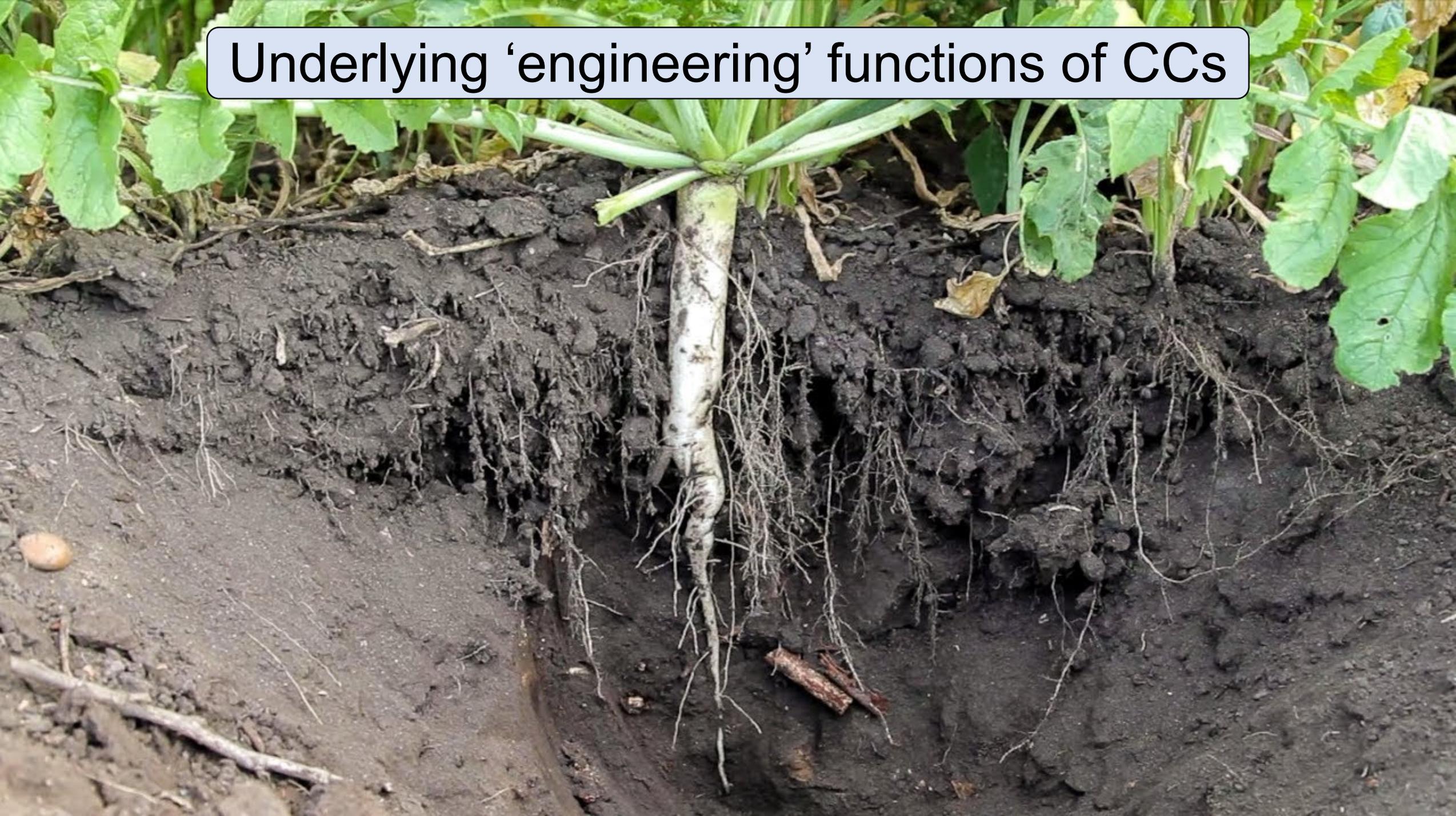
(enzymes)

**SOM**

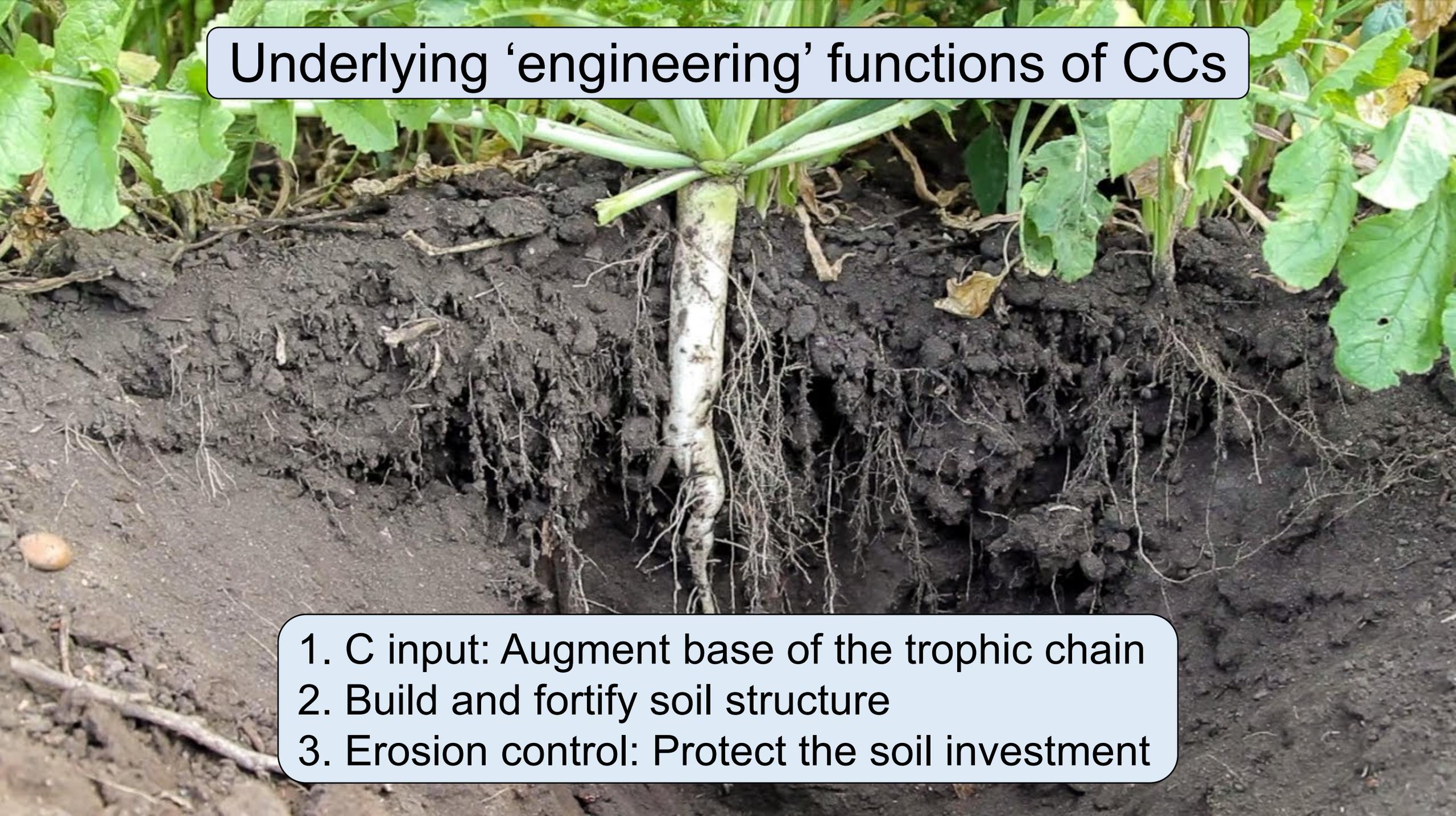
(TOC)  
(ACE protein)



# Underlying 'engineering' functions of CCs

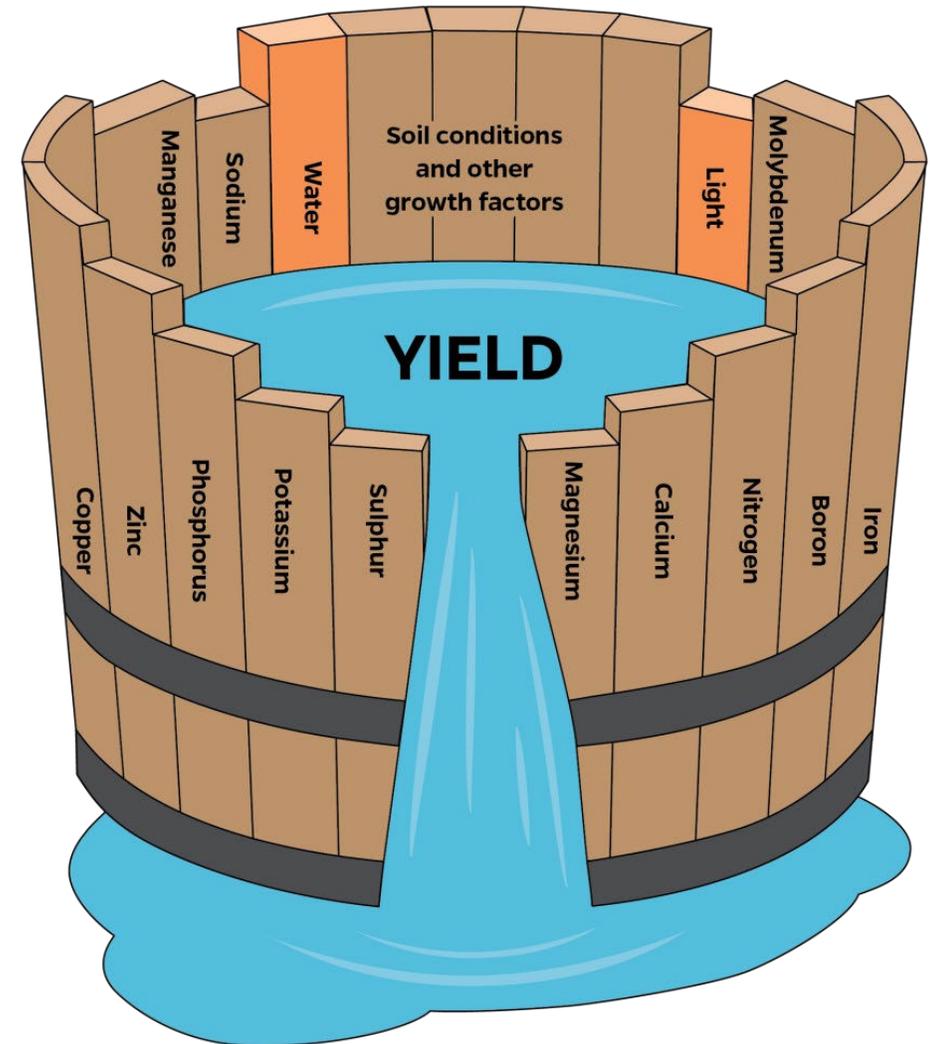


# Underlying 'engineering' functions of CCs

A photograph showing the root system of a plant, likely a cover crop, growing in dark, rich soil. The roots are visible, extending downwards and outwards, illustrating the 'engineering' functions of cover crops. The plant's stem and leaves are visible above the soil surface.

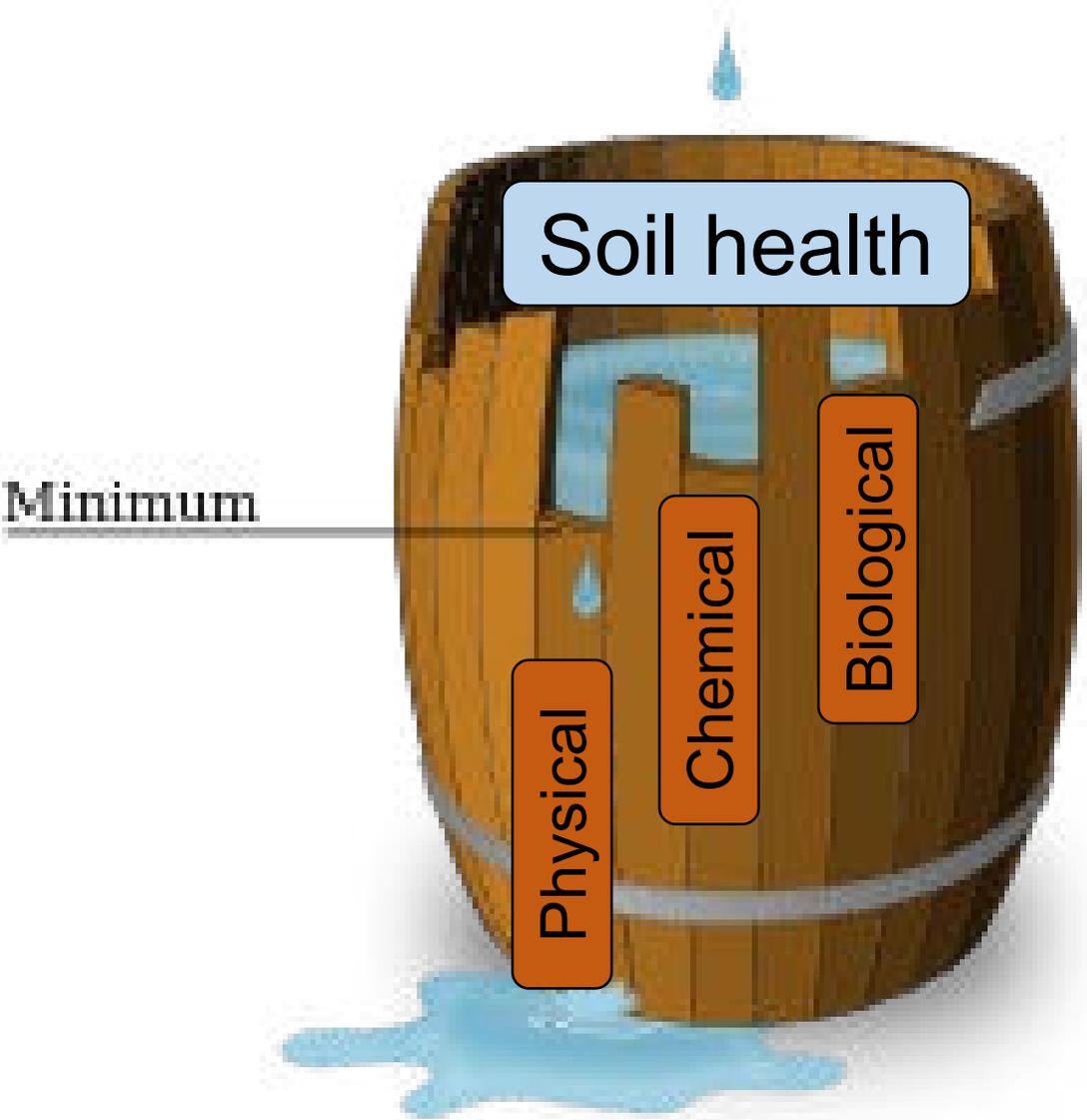
1. C input: Augment base of the trophic chain
2. Build and fortify soil structure
3. Erosion control: Protect the soil investment

# “Physical health” component of soil health: overlooked?



Liebig's Law of the Minimum

# “Physical health” as a commonly limiting component of soil health



# “Physical health” as an integrator and enabler variable

Integrate  
organo-mineral-biota interactions



Soil aggregate

Enable conditions  
for soil biological processes



No Cover Crop

Radishes in the Fall

# Context matters: Cover crop choices tailored to the Midwest



Sudex cover crop; CA Central Valley



Rye, canola, pea, radish mixture; western PA



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## Selector Tools



Browse by category

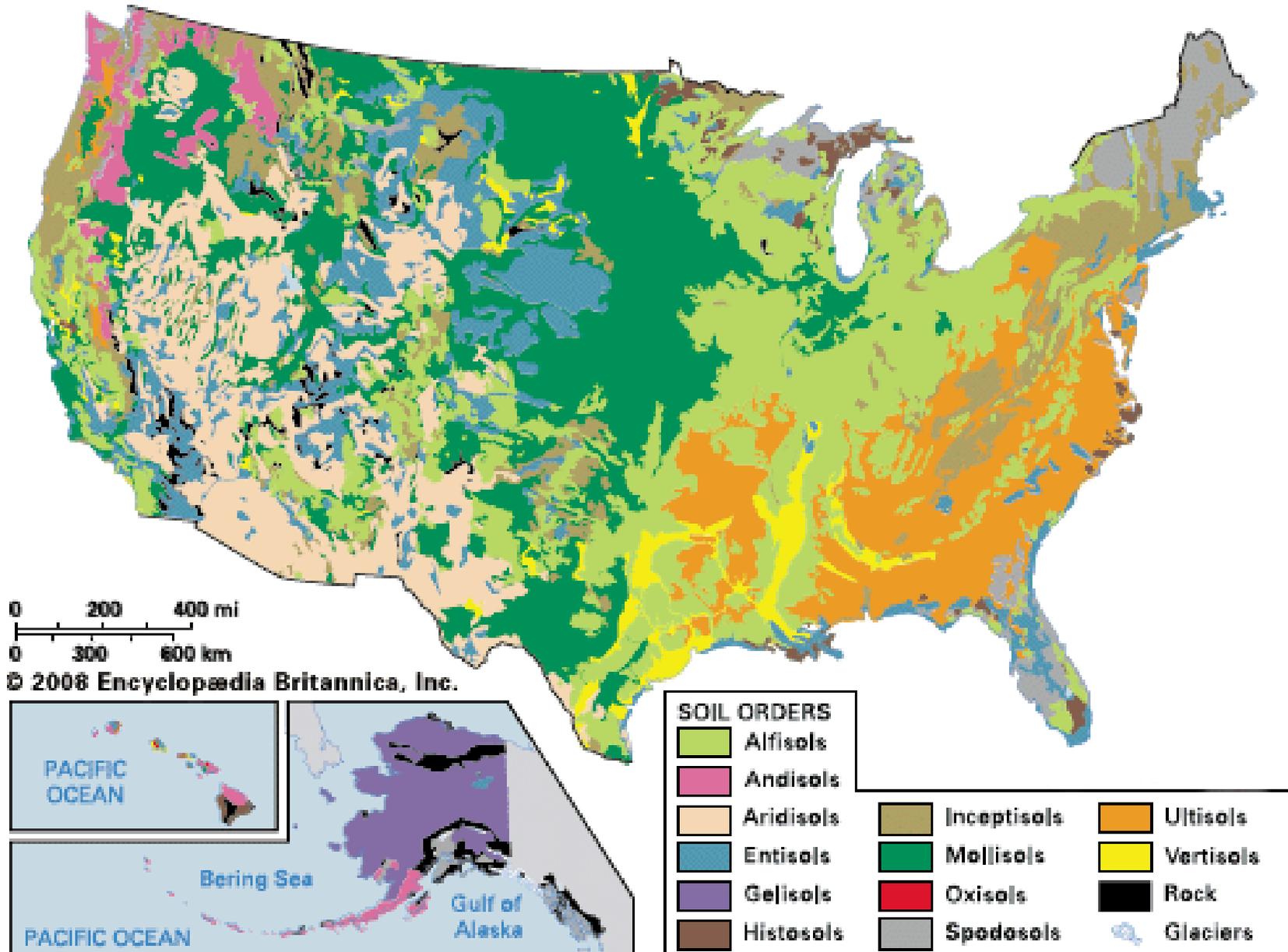
Select Category ▾

### MCCC Cover Crop Decision Tools

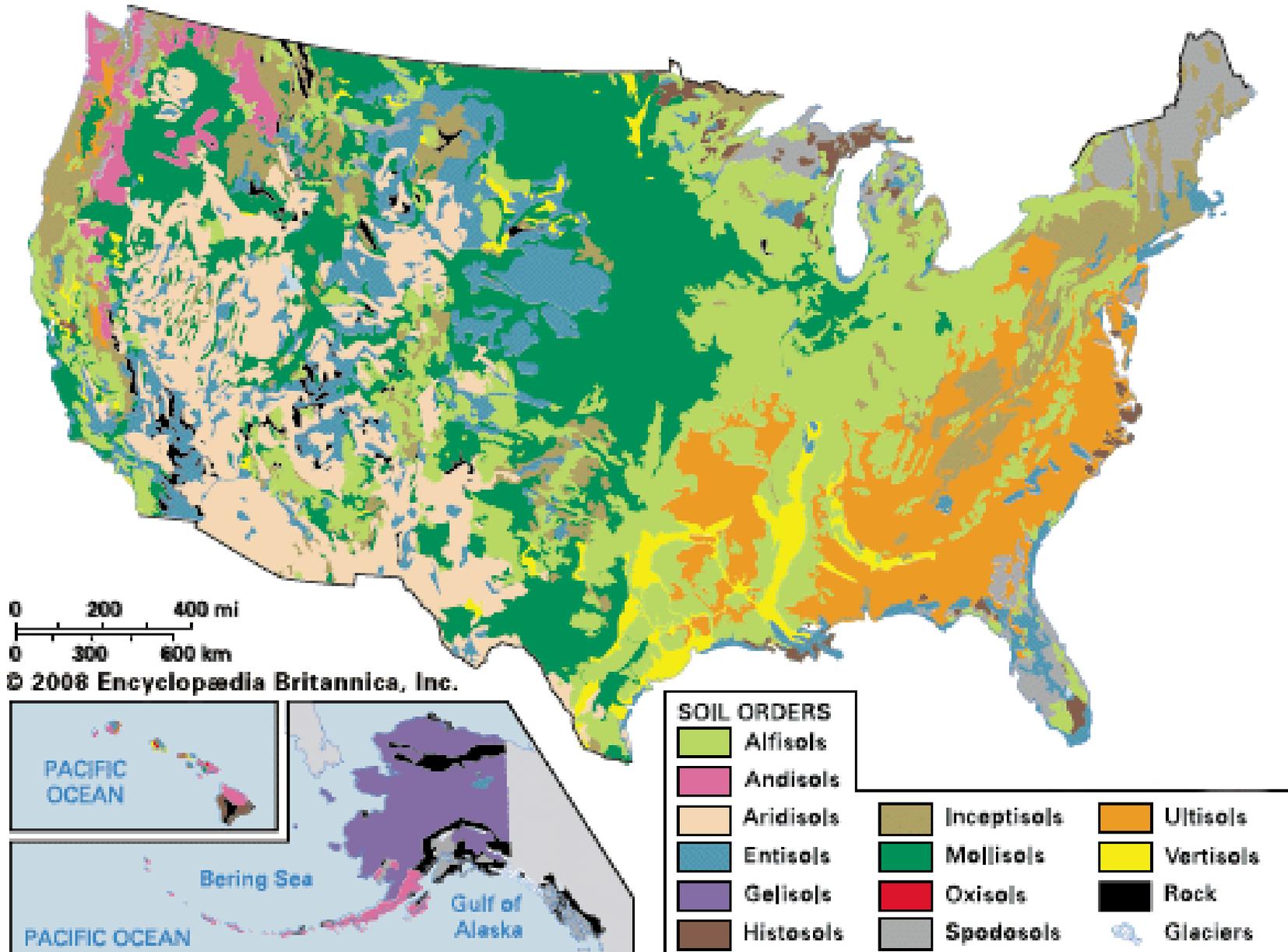
The Midwest Cover Crop Council (MCCC) Cover Crop Decision Tools are web-based systems to assist farmers in selecting cover crops to include in field crop and vegetable rotations.

Instructions for using the [Row Crop](#) and [Vegetable Crop](#) Selector Tools

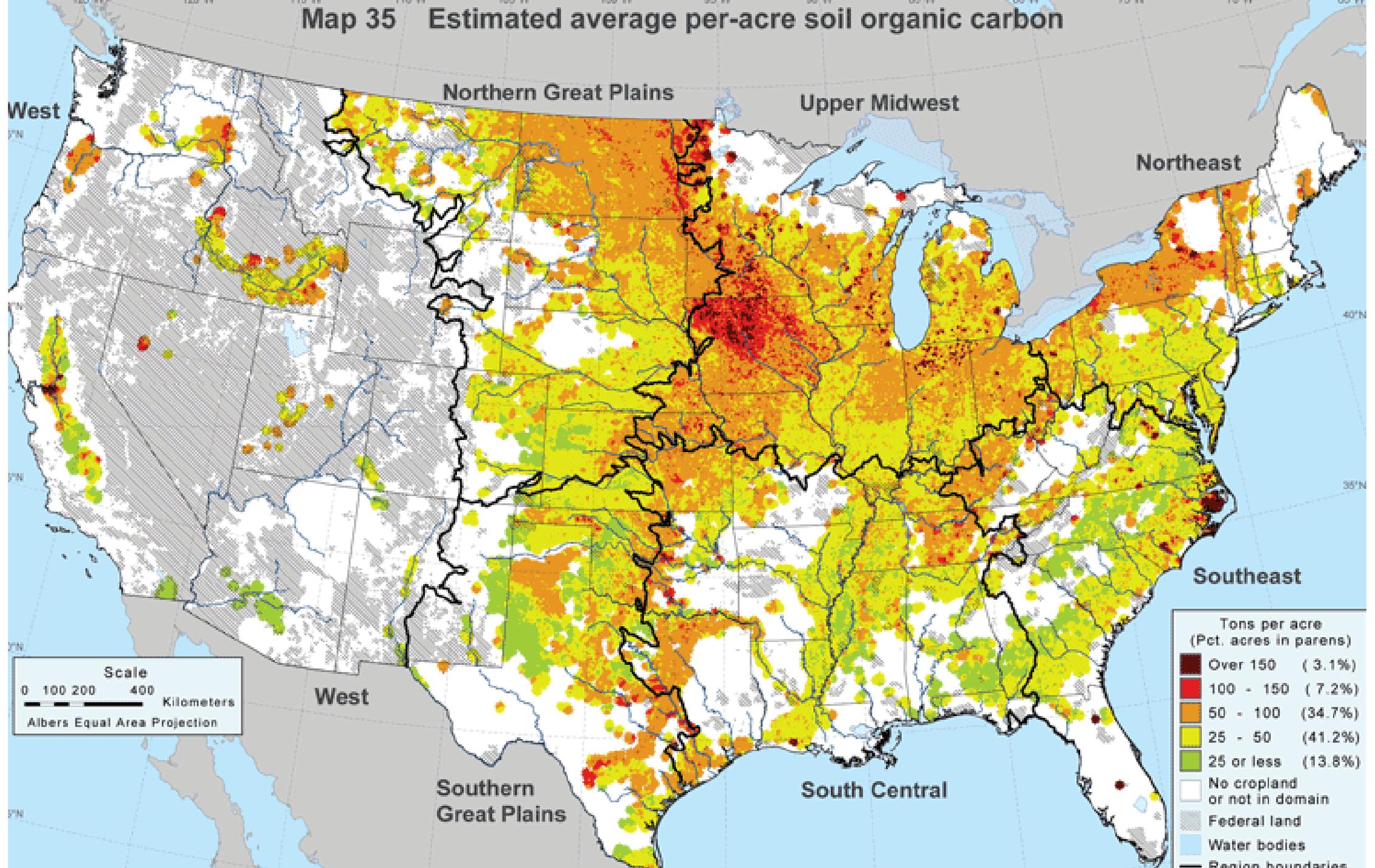
# What about tailoring soil health for the Midwest?



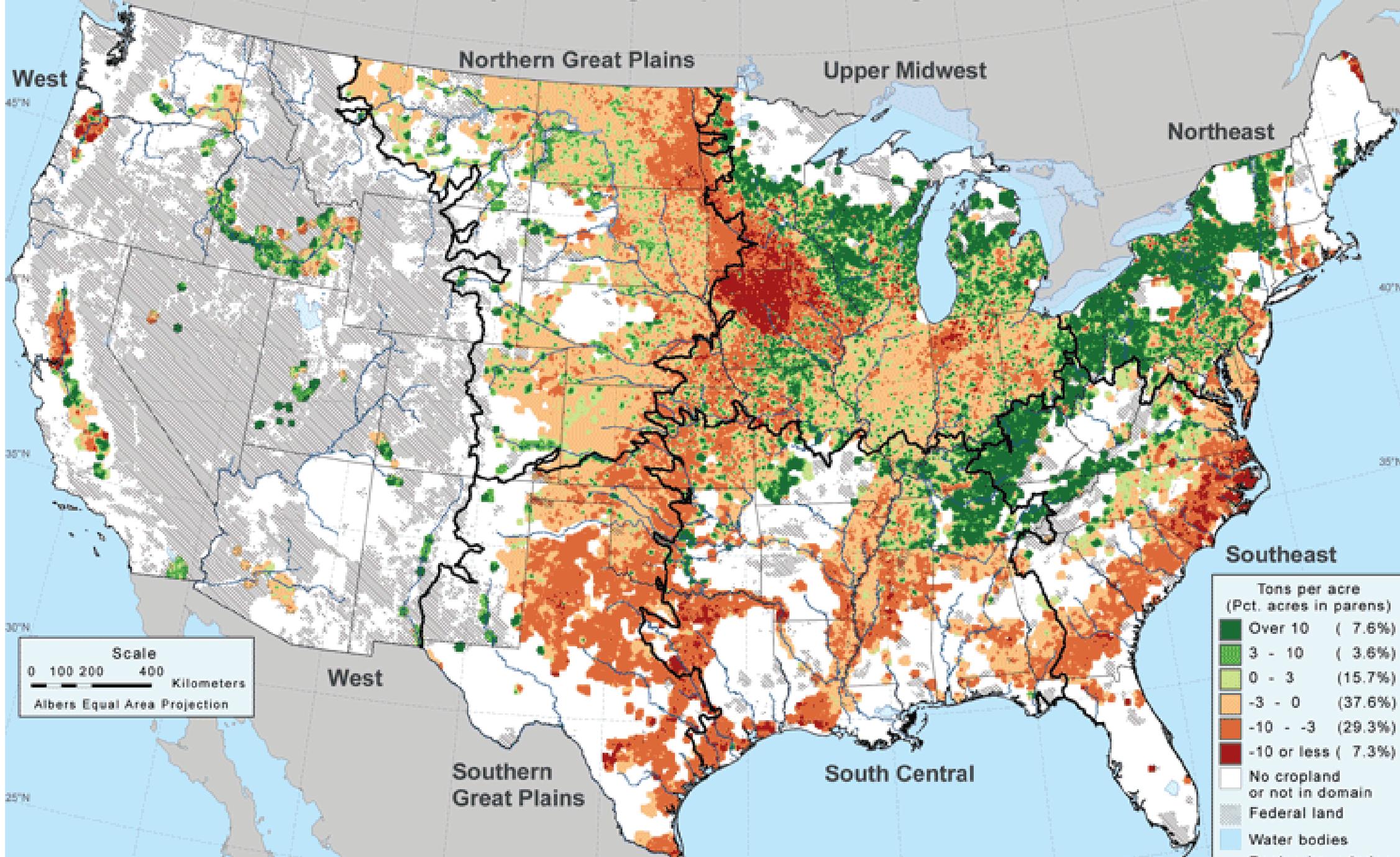
# What about tailoring soil health for the Midwest?



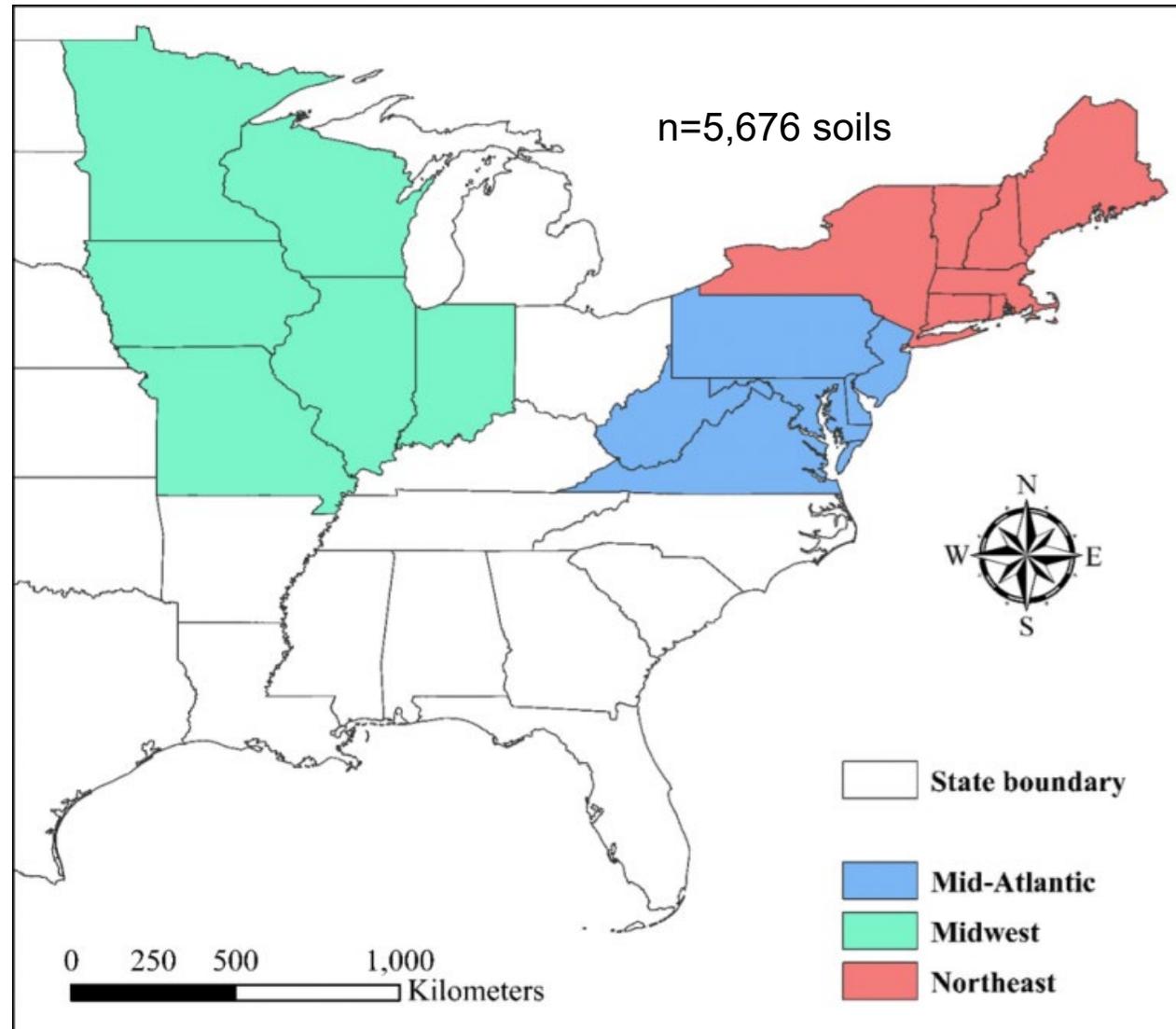
Map 35 Estimated average per-acre soil organic carbon



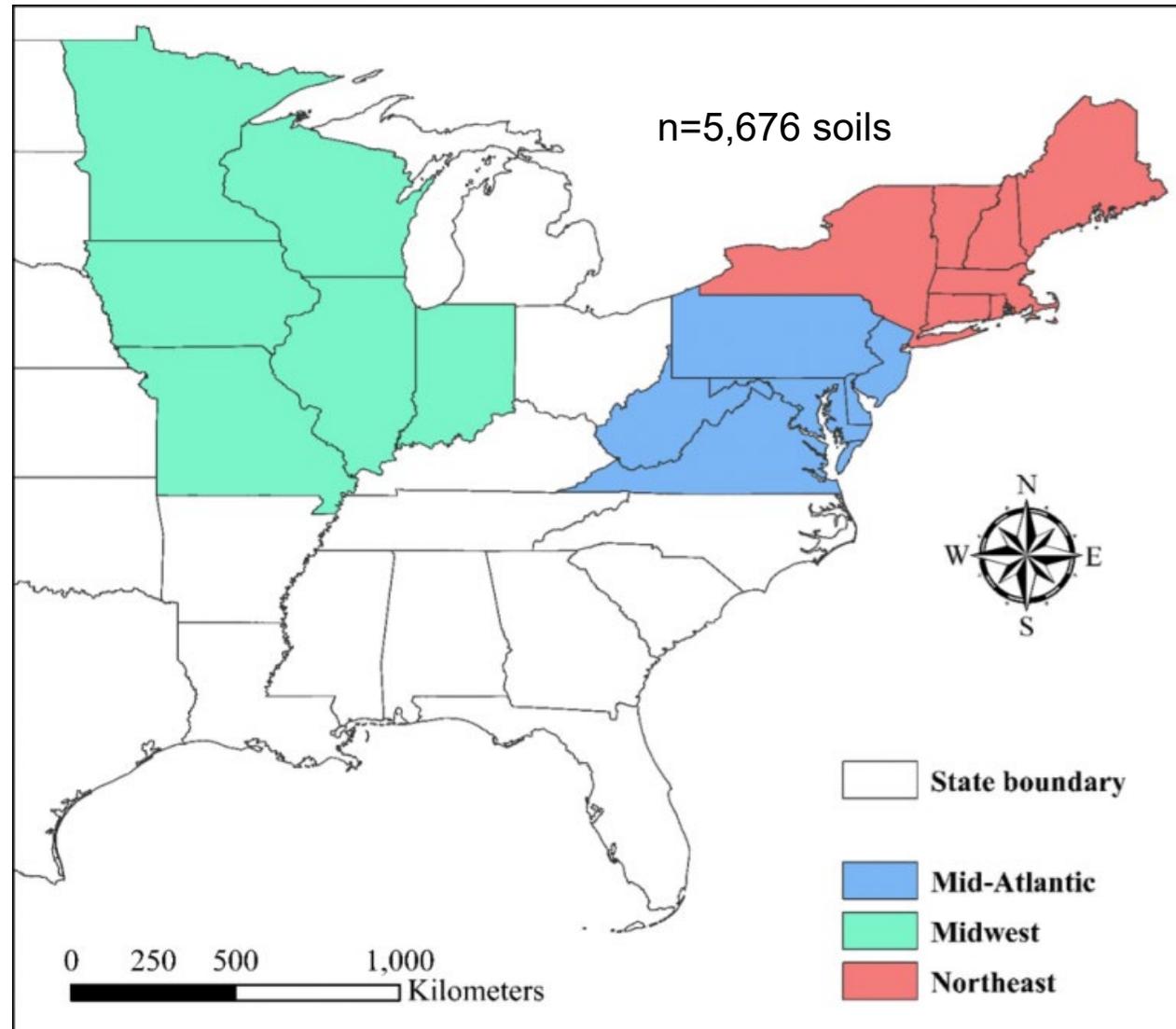
# Map 37 30-year change in per-acre soil organic carbon



# What about tailoring soil health for the Midwest?



# What about tailoring soil health for the Midwest?

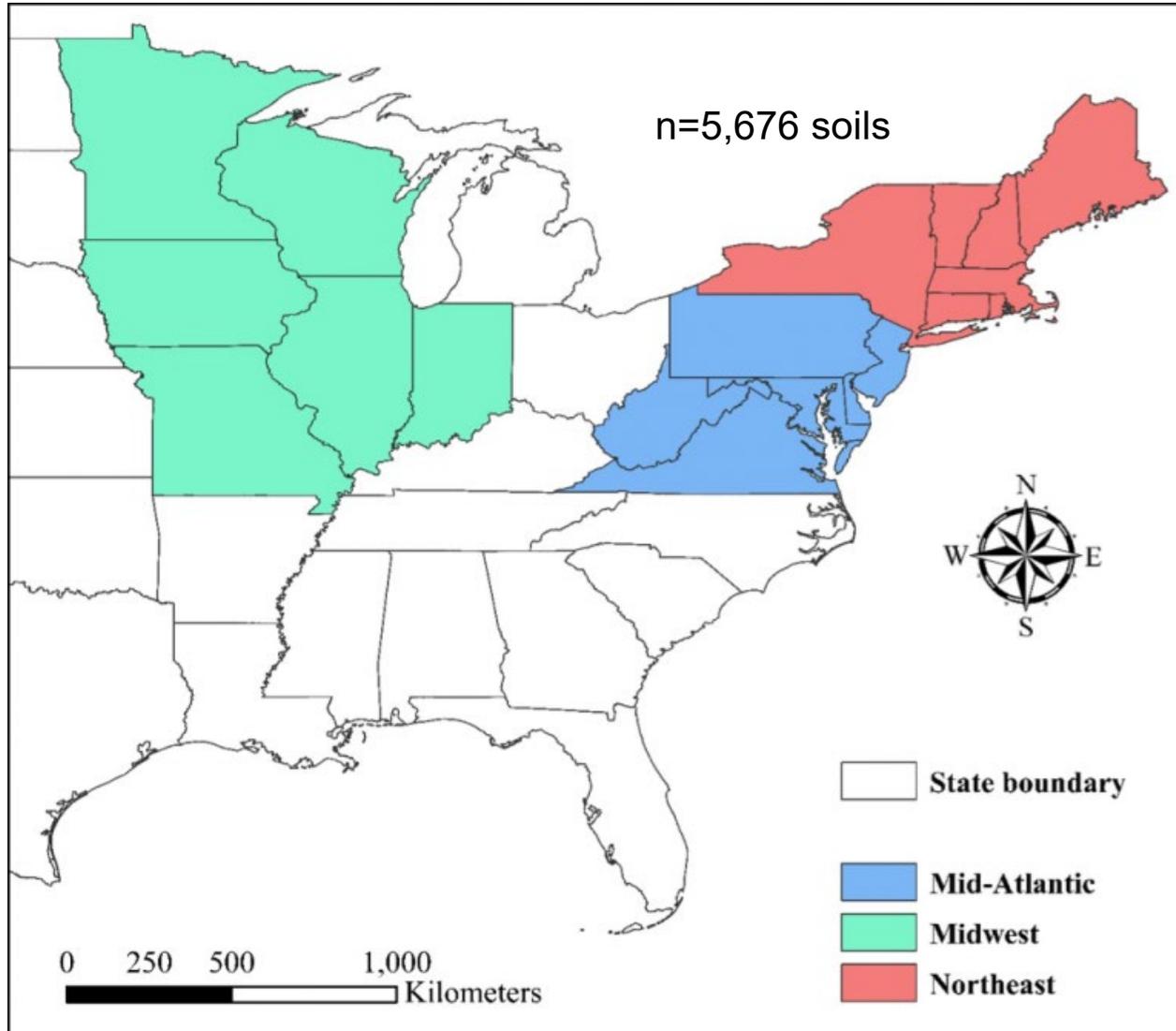


## Findings

“In general, **soil health** values for the **Midwest** region were **less favorable** compared to the Mid-Atlantic and Northeast, notably for Wet Aggregate Stability, Organic Matter, Active Carbon, Protein, Respiration, and Root Health.”

“Midwestern soils generally showed **lower variability** in measured values.”

# What about tailoring soil health for the Midwest?



## Findings

“In general, **soil health** values for the **Midwest** region were **less favorable** compared to the Mid-Atlantic and Northeast, notably for Wet Aggregate Stability, Organic Matter, Active Carbon, Protein, Respiration, and Root Health.”

“Midwestern soils generally showed **lower variability** in measured values.”

## Explanations?

“Northeast and Mid-Atlantic soils generally receive more **organic inputs** (especially manure) and are often managed to include **diverse rotations** with perennial crops, as opposed to typical corn-soybean rotations in the Midwest.

# Integrating cover crop + soil health research and initiatives stands to maximize ROI

- Cover crops can drive and enable soil health improvements
  - Fulfill 4 principles of soil health management:
    1. Keep the soil covered as much as possible
    2. Disturb the soil as little as possible
    3. Keep plants growing throughout the year to feed the soil
    4. Diversify crop rotations as much as possible, including cover crops
- Physical health as an ‘integrator’
  - Easy(er) to evaluate
  - Functional
  - Enables conditions for soil biology
- Next steps: making soil health specific to Midwest cover crop systems

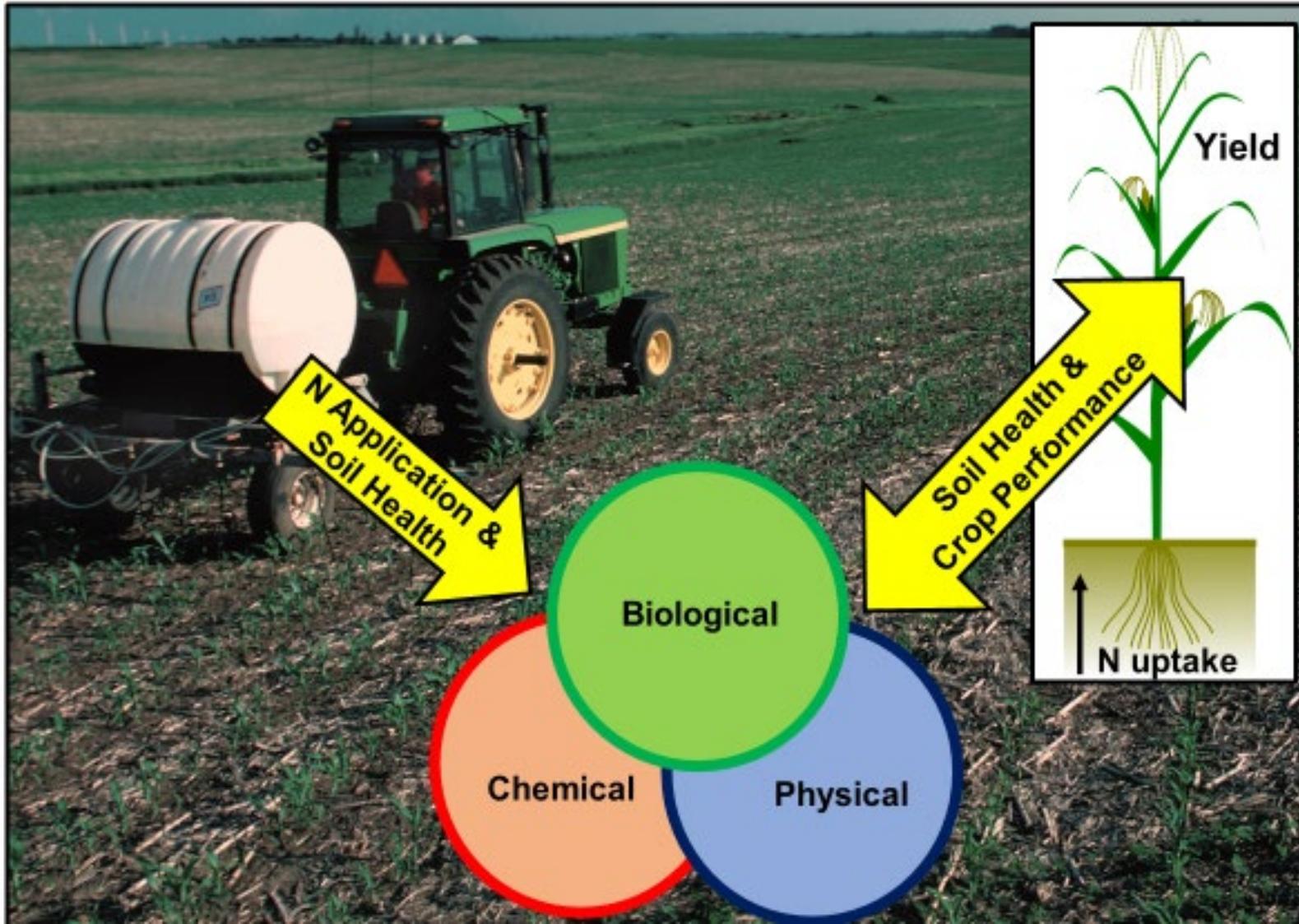
# Questions?

*MI landscape (fishhawk via Flickr)*

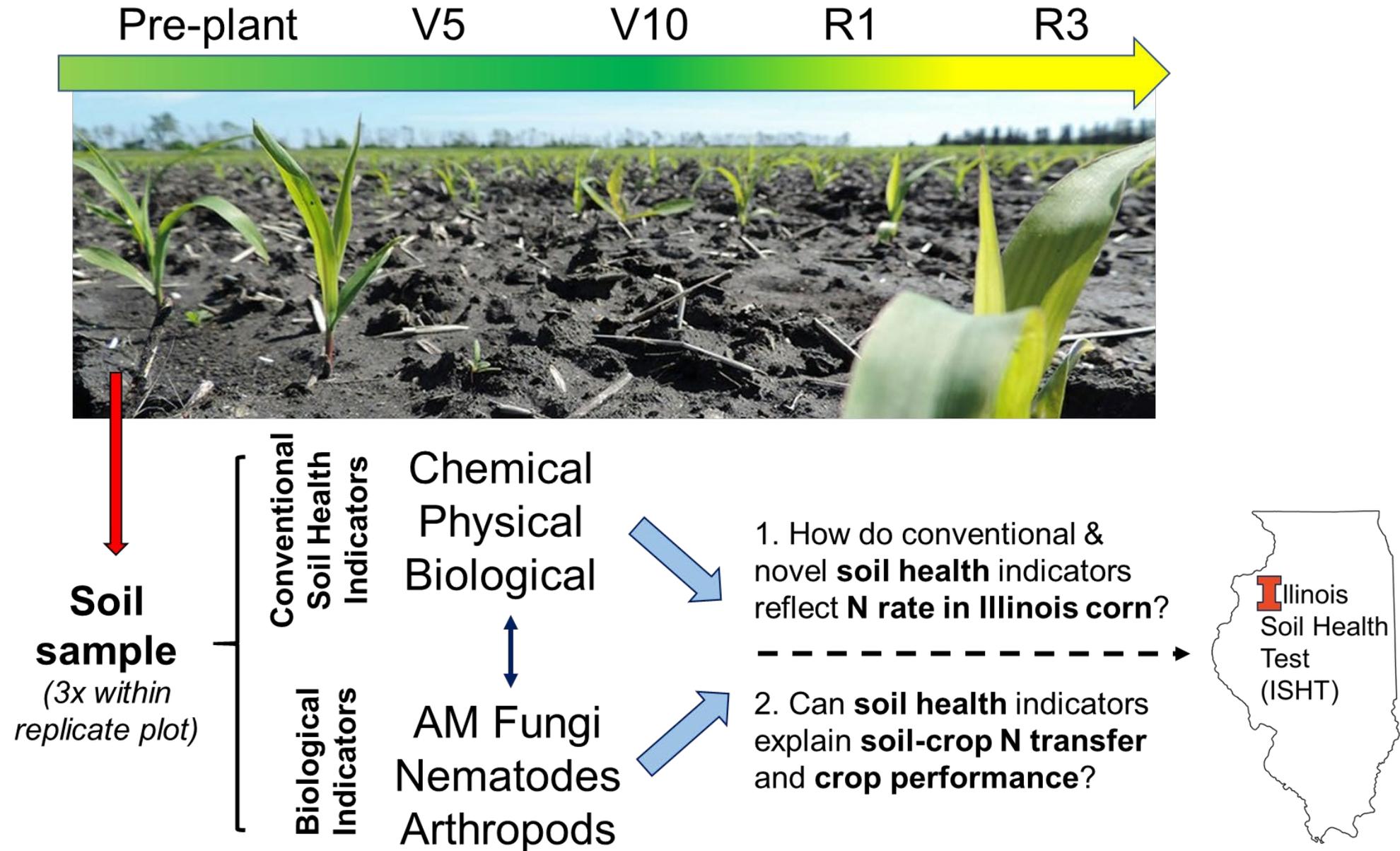




# Current soil health research in Illinois: UIUC-ICGA partnership at Pistorius Farm



# Experimental design: ICGA Macon Co. Field Lab



Dr. Nick Seiter (left) and UIUC students performing the first soil sampling at ICGA Field Lab in Macon Co.

